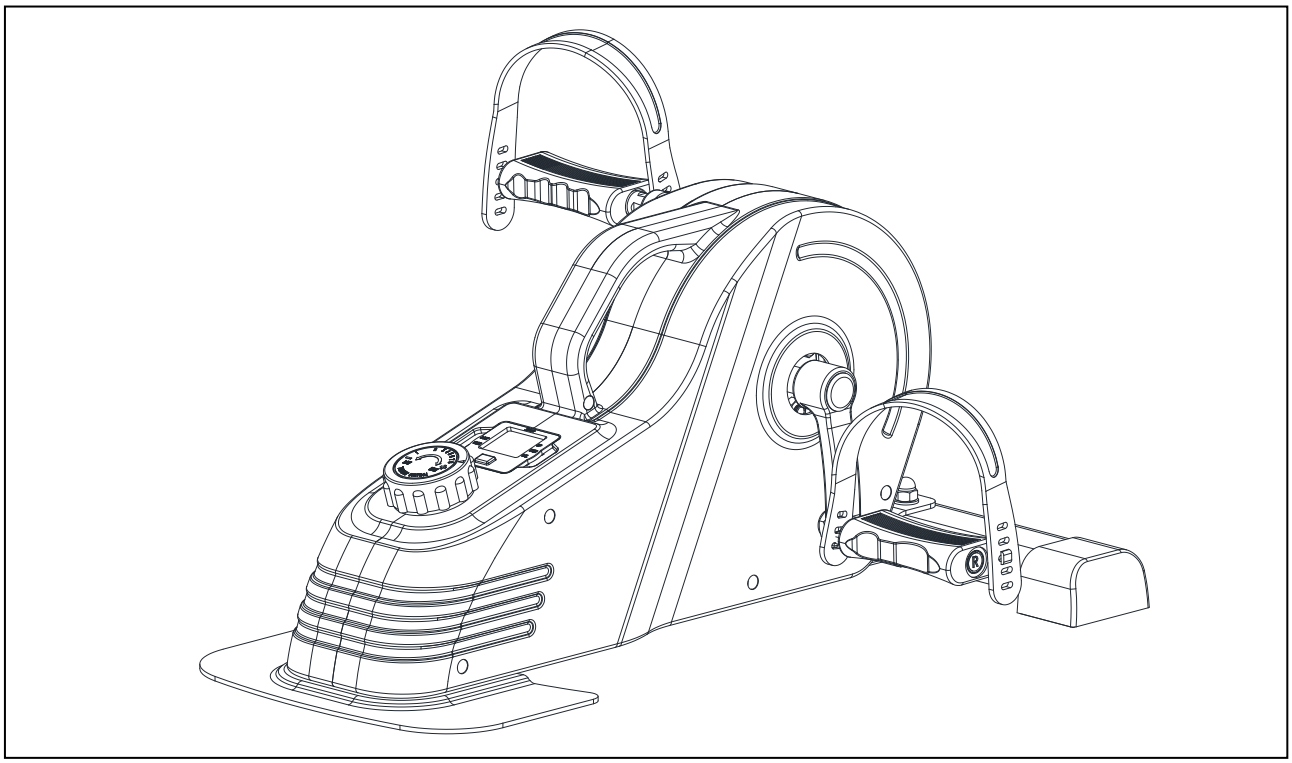
SMART UNDER DESK MAGNETIC EXERCISE BIKE

SF-B0891 SMART

USER MANUAL



DO NOT STAND ON THE UNIT!

IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US**: support@sunnyhealthfitness.com or 1- 877 - 90SUNNY (877-907-8669).

WWW.SUNNYHEALTHFITNESS.COM

IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's warning signs. Incorrect or excessive exercise can be detrimental to your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheartedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 cm) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/ or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The equipment is not suitable for therapeutic use.
10. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
11. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
12. This equipment is designed for indoor and home use only; it is not intended for commercial use!

BATTERY SAFETY WARNING

⚠ WARNING

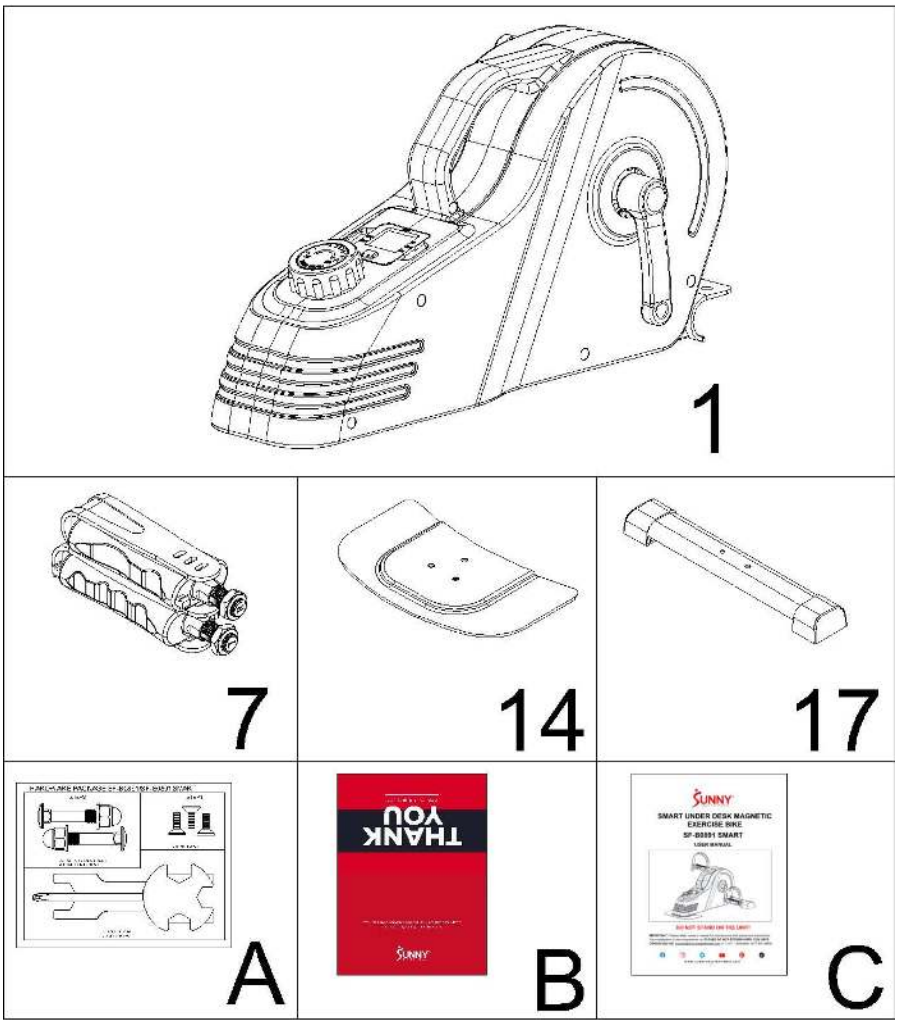
- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours.**
- **KEEP** new and used batteries **OUT OF REACH of CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.



NOTES:

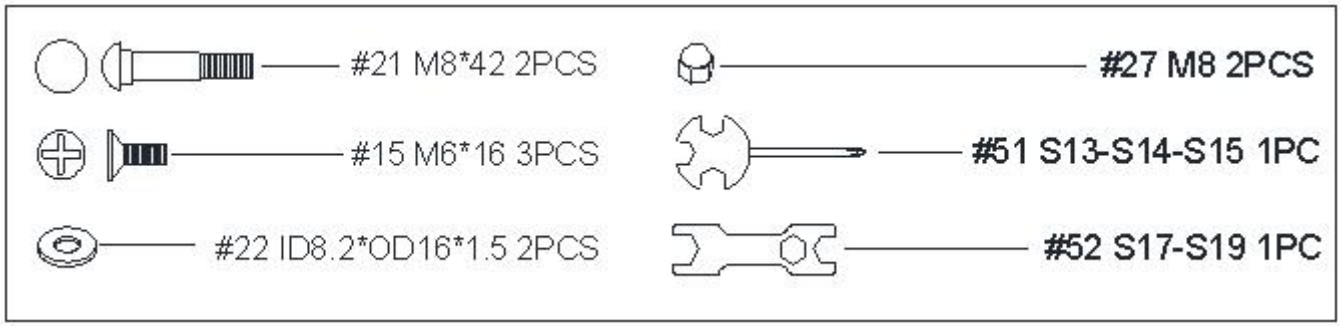
1. Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate.
2. Even used batteries may cause severe injury or death.
3. Call a local poison control center for treatment information.
4. The compatible battery type CR2032 3V.
5. Non-rechargeable batteries are not to be recharged.
6. Do not force discharge, recharge, disassemble, heat above 50°C/122°F, or incinerate. Doing so may result in injury due to venting, leakage or explosion, resulting in chemical burns.
7. Ensure the batteries are installed correctly according to polarity (+ and -).
8. Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations.
9. Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

PRE-ASSEMBLY CHECK LIST



No.	Description	Spec.	Qty.		No.	Description	Spec.	Qty.
1	Main Frame		1		17	Front Stabilizer		1
7L	Left Pedal		1		A	Hardware Package		1
7R	Right Pedal		1		B	Thank You Card		1
14	Rear Fixed Bottom Plate		1		C	User Manual		1

HARDWARE PACKAGE



Ordering Replacement Parts (U.S. and Canadian Customers only)

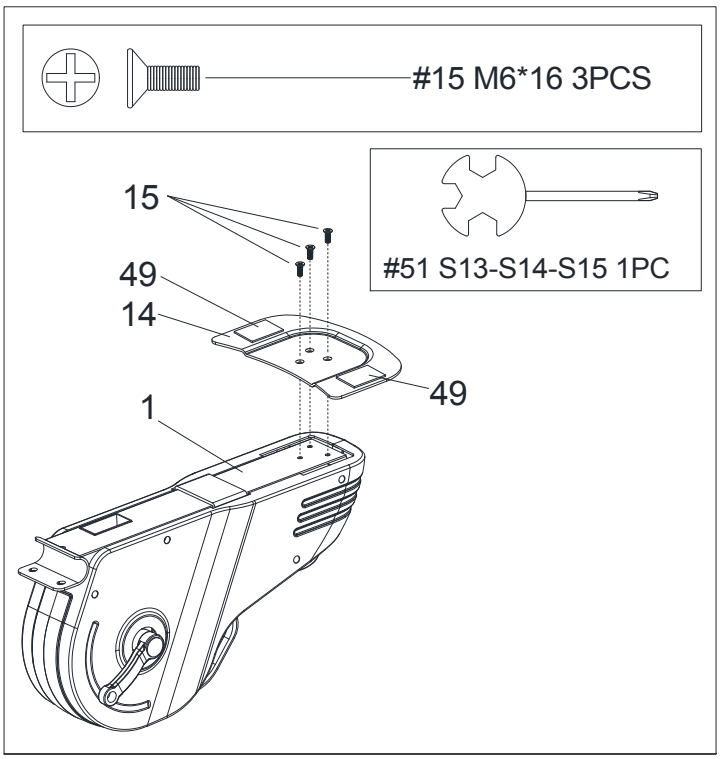
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” (page 14) and “PARTS LIST” (page 13).

Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669)

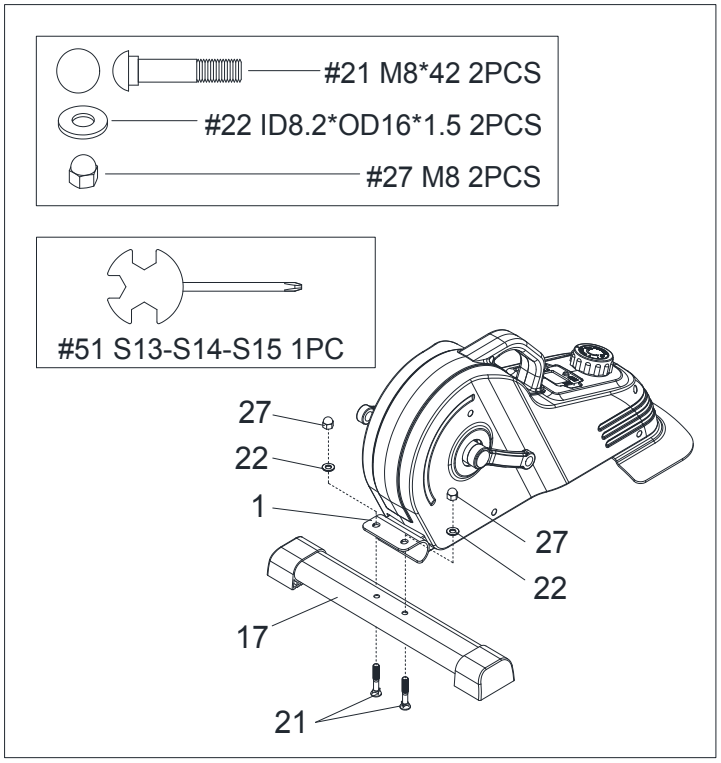
ASSEMBLY INSTRUCTIONS

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 1:

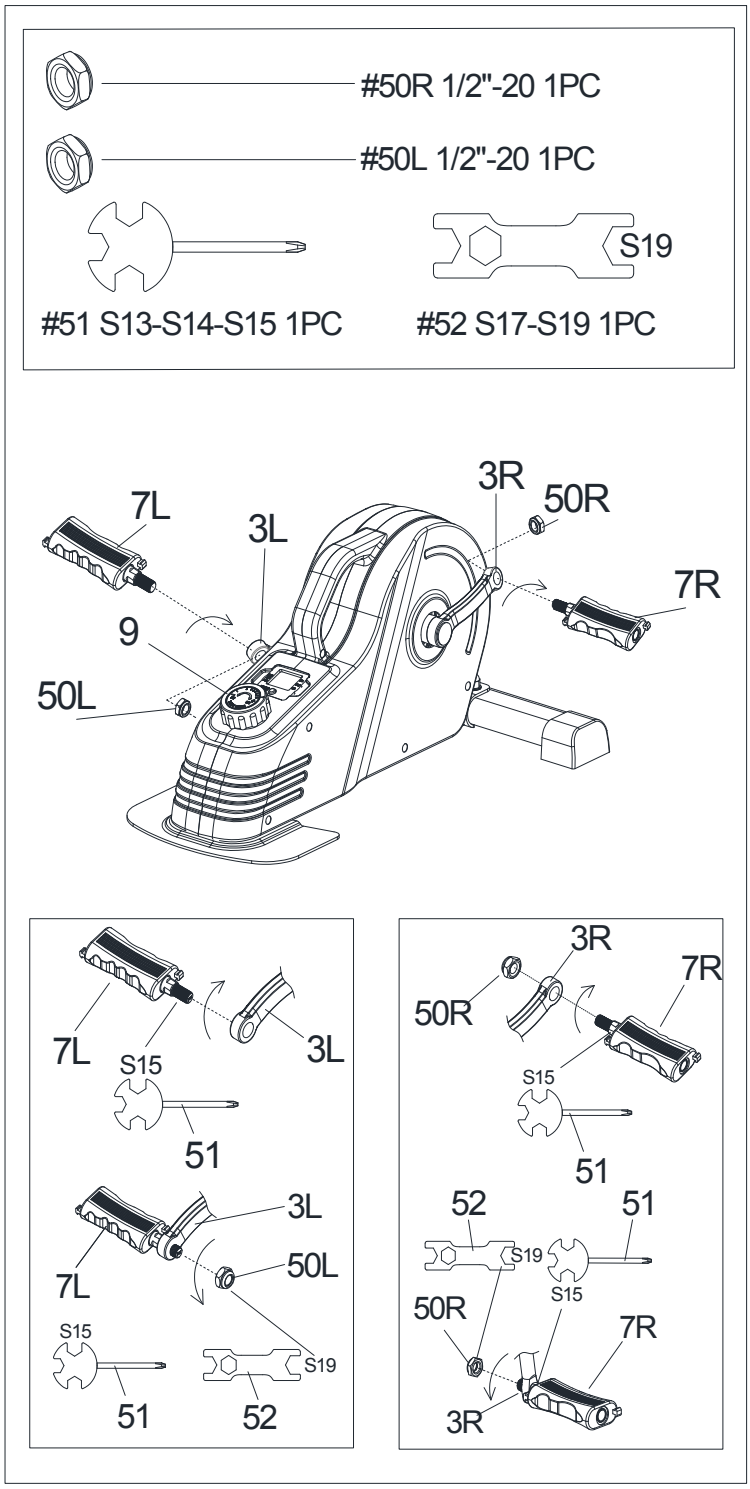
Attach **Rear Fixed Bottom Plate (No. 14)** to the **Main Frame (No. 1)** with 3 **Bolts (No. 15)**. Tighten and secure with **Spanner (No. 51)**.



STEP 2:

Attach **Front Stabilizer (No. 17)** to the **Main Frame (No. 1)** with 2 **Carriage Bolts (No. 21)**, 2 **Washers (No. 22)**, and 2 **High Cap Nuts (No. 27)**. Tighten and secure with **Spanner (No. 51)**.

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STEP 3:

NOTE: The **Left & Right Pedals (No. 7L & No. 7R)** are marked “L” and “R” for Left and Right.
Left Nylon Nut (No. 50L) is blue on the inside and **Right Nylon Nut (No. 50R)** is white on the inside.

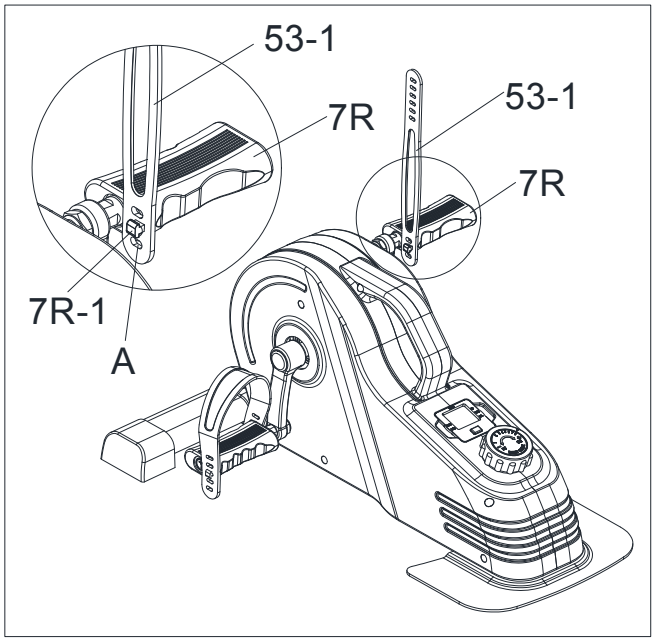
Remove the 2 **Left & Right Nylon Nuts (No. 50L & No. 50R)** located on the **Left & Right Pedals (No. 7L & No. 7R)**.
Align the **Left Pedal (No. 7L)** with the **Left Crank (No. 3L)** at 90°. Gently insert the **Left Pedal (No. 7L)** into the **Left Crank (No. 3L)** and turn the **Left Pedal (No. 7L)** *counter-clockwise* as tightly as you can with your hand. Use **Spanner (No. 51)** to tighten and secure.

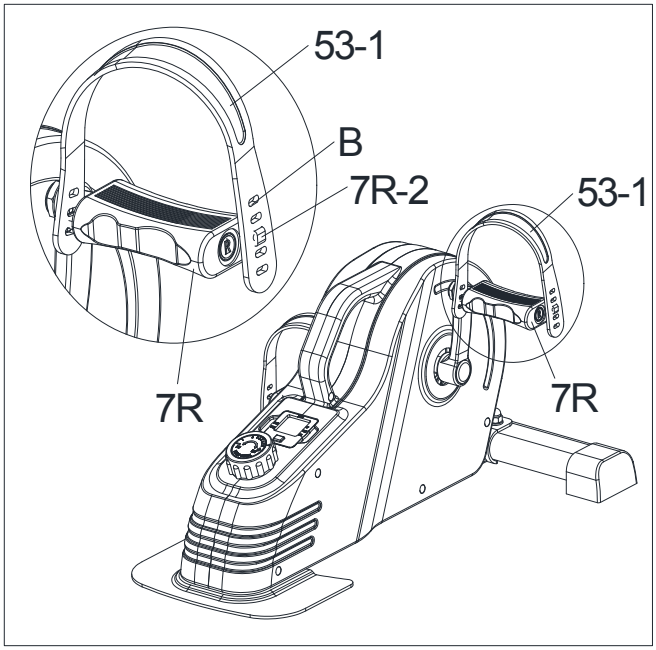
Turn the **Left Nylon Nut (No. 50L)** *clockwise* as tightly as you can with your hand. Use **Spanner (No. 51)** to hold the pedal bolt on the **Left Pedal (No. 7L)** and use **Spanner (No. 52)** to turn the **Left Nylon Nut (No. 50L)** *clockwise* at the same time, until it is tightened on to the **Left Crank (No. 3L)**.

Align the **Right Pedal (No. 7R)** with the **Right Crank (No. 3R)** at 90°. Gently insert the **Right Pedal (No. 7R)** into the **Right Crank (No. 3R)** and turn the **Right Pedal (No. 7R)** *clockwise* as tightly as you can with your hand. Use **Spanner (No. 51)** to tighten and secure.

Turn the **Right Nylon Nut (No. 50R)** *counter-clockwise* as tightly as you can with your hand. Use **Spanner (No. 51)** to hold the pedal bolt on the **Right Pedal (No. 7R)** and use **Spanner (No. 52)** to turn the **Right Nylon Nut (No. 50R)** *counter-clockwise* at the same time, until it is tightened on to the **Right Crank (No. 3R)**.

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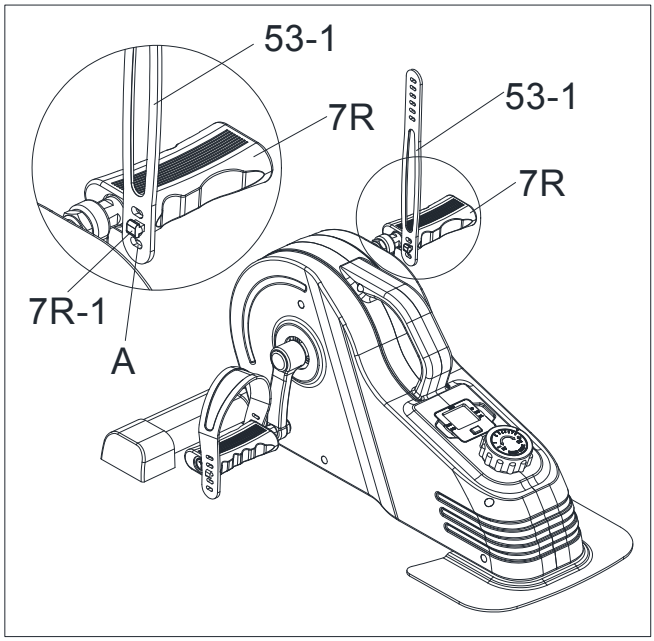


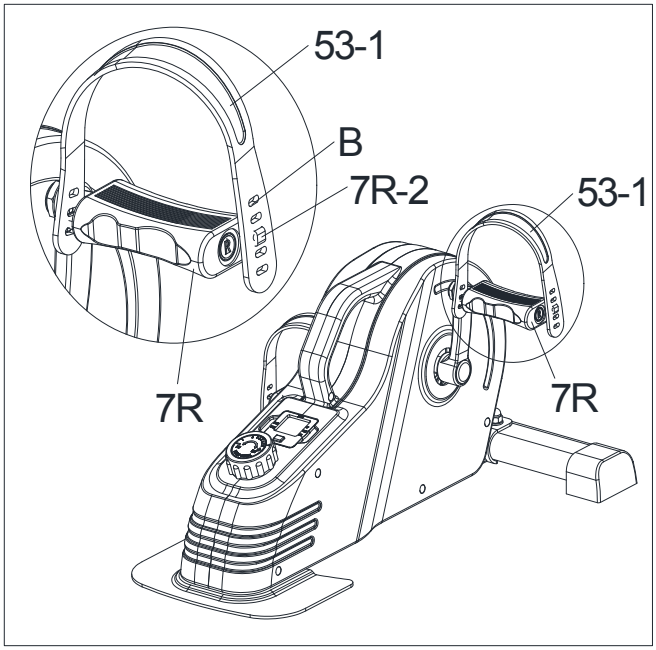
STEP 4:

Insert the fixing hole (A) of the **Pedal Strap (#53-1)** into the card slot (#7L-1) of the **Left Pedal (#7L)**.

Insert the fixing hole (B) of the **Pedal Strap (#53-1)** into the card slot (#7L-2) of the **Left Pedal (#7L)**.

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).





STEP 5:

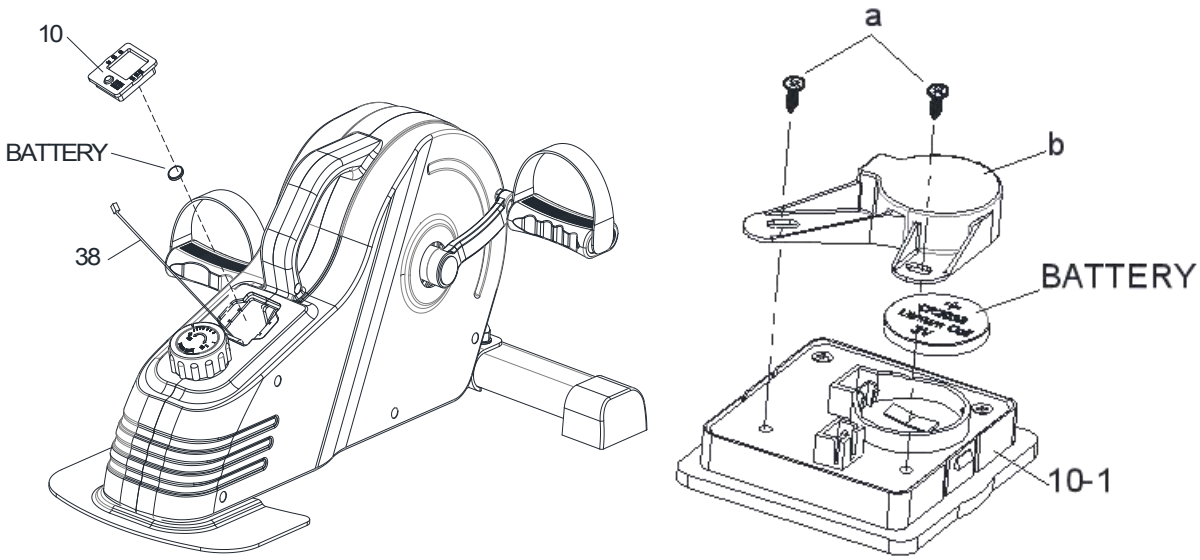
Insert the fixing hole (A) of the **Pedal Strap (#53-1)** into the card slot (#7R-1) of the **Right Pedal (#7R)**.

Insert the fixing hole (B) of the **Pedal Strap (#53-1)** into the card slot (#7R-2) of the **Right Pedal (#7R)**.

NOTE：The position of fixing holes and card slots can be adjusted according to the size of your feet.

The assembly is complete!

BATTERY REPLACEMENT



1. Remove the **Meter (No. 10-1)** from **Main Frame (No. 1)**. Then disconnect the link wire of **Inductor (No. 38)** with the **Meter (No. 10-1)**.
2. Use the screwdriver to remove screws (a) and plastic cap (b) from the back of **Meter (No. 10-1)** and take out the old battery.
3. Insert the new battery and ensure that the positive side of the battery, which is labeled with a + sign is facing outward as shown in diagram above.
4. Attach the plastic cap back to the back of **Meter (No. 10-1)** using the screws (a) and plastic cap (b), tighten with the screwdriver.
5. Insert the link wire of **Inductor (No. 38)** into the jack hole on the back of **Meter (No. 10-1)**.
6. Attach the **Meter (No. 10-1)** onto **Main Frame (No. 1)**.

The replacement is complete!

NOTE: Dispose battery according to your state and regional guidelines.

EXERCISE METER

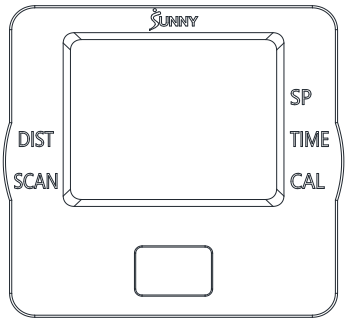
SPECIFICATIONS:

SP (SPEED)----------0.0~999.9 MPH (Mile/Hour)

TIME----------0:00~99:59 MIN

DIST (DISTANCE)----------0.0~9999 M (Mile)

CAL (CALORIES)----------0.0~9999 KCAL



FUNCTION KEYS:

MODE: Press the red key repeatedly to select the desired value (TIME, SP, DIST, CAL, SCAN). Hold the key for 4 seconds to have all function values reset (total reset).

FUNCTIONS:

SP (SPEED): Displays current speed.
TIME: Counts the total time of the exercise from start to finish.
DIST (DISTANCE): Counts the distance of the exercise from start to finish.
CAL (CALORIES): Counts the total calories burned during an exercise from start to finish
SCAN: Displays functions automatically in the following order: TIME, CAL, and DIST.

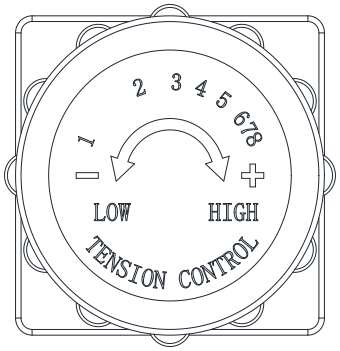
NOTE:

1. Please use 1pc of 3.0V CR2032 battery as a power supply. If there is an abnormal display on the meter, please replace the battery.
2. The meter will automatically power on when pedals are in motion or the MODE key is being pressed.
3. The meter will automatically start calculating when exercise begins.
4. All functions will automatically stop calculating with a “STOP” sign on the upper left corner of the meter when there is no movement for about 4 seconds; “STOP” sign will be off and the meter will automatically start calculating as soon as the machine is in motion.
5. The meter will automatically shut off if there is no movement for 4 to 5 minutes.

TECHNICAL DATA

Connectivity: Bluetooth LE
Frequency Range: 2400~2483.5Mhz
Transmitting Power: 0dBm

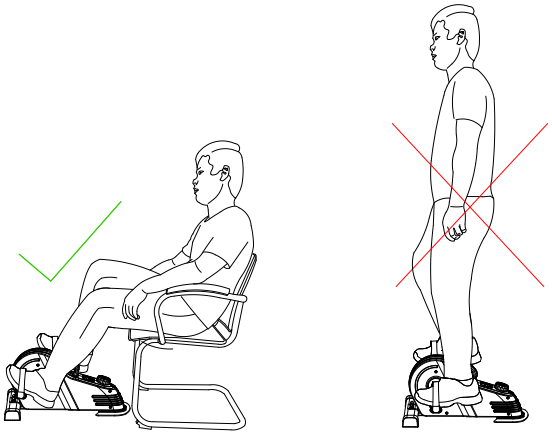
ADJUSTMENTS & USAGE GUIDE



ADJUSTING THE TENSION

Adjust the tension by rotating the **Tension Control Knob (No. 9)** *clockwise* to increase the level of resistance. Rotate the **Tension Control Knob (No. 9)** *counter-clockwise* to decrease the level of resistance.

Tension levels are set at Level 1 being the lowest and Level 8 being the highest.



USE ONLY WHILE SITTING. DO NOT STAND ON THE BIKE!

WARNING!

The bike is intended to use in a sitting position only, do not stand on the bike.

Failure to follow all warnings and instructions could result in serious injury or death.

APP CONNECTION:

Connect Smart Equipment to SunnyFit App:

1. Scan to download SunnyFit from the app store:



2. Ensure that the Bluetooth function is turned on from your mobile device.
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

Troubleshooting:

- If you are having trouble connecting your smart equipment, visit www.sunnyfit.com/guide or scan the QR code below:

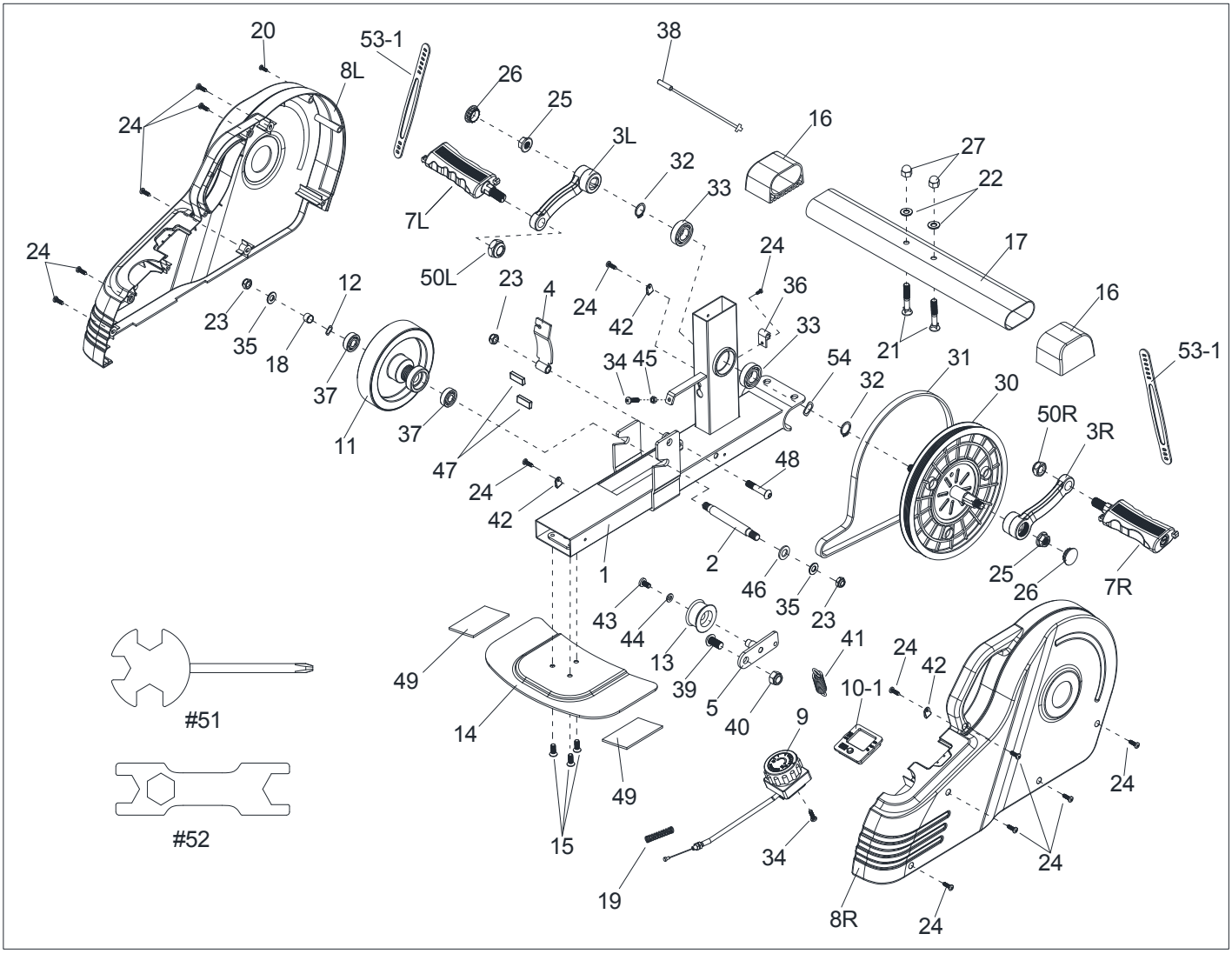


- If you require additional support, please contact support@sunnyfit.com.

PARTS LIST

No.	Description	Spec.	Qty	No.	Description	Spec.	Qty
1	Main Frame		1	27	High Cap Nut	M8	2
2	Spindle		1	28	NA		
3L	Left Crank		1	29	NA		
3R	Right Crank		1	30	Belt Wheel	Φ200*20	1
4	Magnetic Board		1	31	Belt	J300	1
5	Idler Wheel Shaft		1	32	C-clip	Φ17	2
6	NA			33	Bearing	6003	2
7L	Left Pedal		1	34	Screw	M5*15	2
7R	Right Pedal		1	35	Flat Washer	Φ8.2* Φ16*1.5	2
8L	Left Belt Cover		1	36	Inductor Seat		1
8R	Right Belt Cover		1	37	Bearing	6000	2
9	Tension Control Knob		1	38	Inductor		1
10-1	Meter	JJD-2605	1	39	Screw	M10*20*12	1
11	Inertial Wheel	Φ126*28	1	40	Nylon Nut	M10	1
12	Wave Washer	D12	1	41	Spring	Φ9.8* Φ0.8*70	1
13	Idler Wheel	Φ34*24	1	42	Wire Clip		3
14	Rear Fixed Bottom Plate		1	43	Screw	M6*12	1
15	Bolt	M6*16	3	44	Flat Washer	Φ6.4* Φ12*1.2	1
16	End Cap	70*60*41.5	2	45	Nut	M5	1
17	Front Stabilizer		1	46	Washer	Φ10.2* Φ20*1.5	1
18	Sleeve	Φ12* Φ10.2*6	1	47	Magnet	9*20*5	2
19	Spring	Φ9.8* Φ0.8*70	1	48	Bolt	M8*35	1
20	Screw	ST3.5*15	1	49	EVA Non-slip Pad		2
21	Carriage Bolt	M8*42	2	50L	Left Nylon Nut	1/2"-20	1
22	Washer	ID8.2*OD16*1.5	2	50R	Right Nylon Nut	1/2"-20	1
23	Nylon Nut	M8	3	51	Spanner	S13-S14-S15	1
24	Screw	ST4.2*15	14	52	Spanner	S17-S19	1
25	Flange Nut	M10*1.25	2	53-1	Pedal Strap	277mm	2
26	End Cap	M22	2	54	Wave Washer	D17	1

EXPLODED DIAGRAM



Version 1.4

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