Category	Question	Answer
Specifications	What is the Bluetooth version?	Bluetooth 5.4
Specifications	Which audio formats are supported?	SBC and AAC
Specifications	What is the battery capacity of the earbuds?	42 mAh per earbud. It takes approximately 90 minutes to reach full charge.
Specifications	How long do the earbuds last?	By default, the earbuds offer 10 hours of playback, extending to up to 50 hours with the charging case. Battery life by usage scenario: 1. Bluetooth audio + ANC on pre-sleep (1.5H) and Local audio + ANC Off once sleep is detected: 10H total 2. Bluetooth audio + ANC on pre-sleep (1.5H) and Local audio off + ANC on once sleep is detected: 8H total 3. Bluetooth audio + ANC on: 7H 4. Local audio + ANC on: 9H 5. Local audio + ANC off: 16H Note: Tested at the soundcore lab with volume set to 50%.
Specifications	What is the battery capacity of the charging case?	800mAh; takes 120 minutes to reach full charge. (Input Power: 5V ■ 1A)
Specifications	How long does the charging case last?	The charging case can fully recharge the earbuds 4 times when fully charged. It automatically stops charging the earbuds once it reaches its minimum battery threshold.
Specifications	What is the waterproof rating?	Earbuds: IPX4 (sweat and splash resistant) Charging case: Not water resistant
Specifications	Does it have wear detection?	No wear detection
Specifications	What are the charging methods?	USB-C wired charging (wireless charging not supported)
Specifications	Is there a fast charging function?	No fast charging function
Specifications	What is the Bluetooth range?	33 ft/10 m
Specifications	What is the maximum volume?	89dB in both Bluetooth and local modes

Category	Question	Answer
Calm Audio	How do I experience audio tracks from Calm?	1. On the device page of the app, tap "Audio Library," then select your preferred sleep audio. 2. Here, you'll find our carefully curated selection of Sleep Stories, Meditations, Brainwave Audio, Snore Masking, and White Noise options. 3. 20 Sleep Stories and 5 Meditations from Calm, the world's leading mental health app: 3.1. Sleep Stories redirect anxious thoughts outward, helping you drift off effortlessly; 3.2. Guided meditations promote relaxation through breathing exercises and natural sounds; 3.3. Brainwave audio uses specific frequencies to prepare your mind for rest; 3.4. Snore masking technology blocks disruptive noises; 3.5. White noise employs constant ambient sounds to shield you from disturbances.
Calm Audio	Can Calm audio (Sleep Stories and Meditation) be played when the phone has no network connection or when Sleep A30 Special is in Local mode?	Without a network connection, Calm audio (Sleep Stories and Meditation) cannot be played. However, if the audio has already been played, it will be cached and can be played offline within 15 days.
Wearing Related	What should I do if Sleep A30 Special doesn't fit securely?	1. Make sure you are wearing the ear tips and ear wings correctly. 2. Choose the ear tips and ear wings that fit your ears the best. We recommend that you start with size M ear tips and ear wings. 3. Insert the earbud into your ear and find a suitable position for the best fit. If the earbuds are too deep in your ears, it may affect the Bluetooth connection. If you experience connection issues, we recommend that you replace the ear tips and wings with larger ones. 4. Try other sizes of ear tips to ensure the one you're using fits well and create a tight seal. If one earbud feels stable and the other does not, try a combination of ear tips such as medium in the left and large in the right.
Wearing Related	What should I do if I feel strong pressure or discomfort in my ears after wearing Sleep A30 Special for a long time?	1. Try using the foam ear tips for a better fit. 2. Look at the L / R logo on the back of the earbuds to ensure that the correct earbud is in the correct ear. Turn the earbuds while wearing them and find the most comfortable position. 3. When using them in bed, try a different pillow. Pillows that are too hard may exert more pressure on your ears if you sleep on your side, which may cause discomfort and affect the connection to your phone. 4. Do not use water pillows or pillows with metal or magnetic components.
Wearing Related	What can I do about strong discomfort in my ear while sleeping on my side?	Make sure you're wearing the earbuds correctly. We recommend trying different ear wings and ear tips, and/or switching to a softer pillow.

Category	Question	Answer
Wearing Related	Why do the earbuds squeak when they rub against my pillow when I sleep on my side?	The squeaking is from friction between the earbuds and pillow material, which could be an issue especially when the pillow is made with a smooth fabric. To reduce this noise, try adjusting the earbuds, using a pillowcase, or switching to a softer pillow.
Operation Related	How do I turn on my Sleep A30 Special?	1. The earbuds turn on automatically when the charging case is opened. 2. For first-time use, remove the insulating sheet under the earbuds, place the earbuds back into the charging case, and then open and close the case to turn them on.
Operation Related	What can I do if the double-tap function on my Sleep A30 Special doesn't work or isn't responding properly?	1. Tap more firmly, as the earbuds use a G-sensor that requires a stronger tap for detection. 2. Tap using your fingertips as the earbuds respond better to them.
Operation Related	What should I do if my Sleep A30 Special is prone to accidental double-taps or mistouches?	1. The earbuds' G-sensor may mistakenly detect double-taps or mistouches. To reduce such instances, please avoid dropping the earbuds on hard surfaces, rolling them around, or using them during vigorous exercise. 2. When placing a single earbud in the charging case, double or triple taps may be triggered, causing mode switches or volume changes. This is not a malfunction, but rather the earbuds detecting a tap when placed in the case. This is how the sensor operates and is completely normal.
Operation Related	How do I reset Sleep A30 Special?	Open the charging case, place the earbuds inside, and press and hold the Reset button on the back of the charging case for 10 seconds. The indicator light inside the charging case will start flashing quickly, indicating it is in pairing mode, and blink slowly once pairing is successful.
Operation Related	How does Sleep A30 Special connect to the soundcore app?	1. On your device's Bluetooth settings, tap “Sleep A30 Special” to pair. 2. Open the soundcore app > Add Device > Sleep A30 Special to connect to the soundcore app.

Category	Question	Answer
Operation Related	Why is the volume level inconsistent after switching modes?	1. Local Mode is designed to help you sleep at night and plays noise-masking frequencies (or white noise) at a preset volume. The system remembers your previous Bluetooth audio playback volume, ensuring that mode changes don't disrupt your sleep. 2. Bluetooth Mode is intended for daily entertainment like music or podcasts. In this mode, volume can be controlled directly from your phone, giving you more flexibility. Because these two modes have different functions, the volume of what you're listening to will also vary. You can adjust the volume separately for each mode, and the system will remember your preferences in Local Mode. If you find that the difference in volume when switching modes significantly impacts your experience, please feel free to share your thoughts with us in as much detail as possible. We'll pass along your feedback to our product team to make improvements.
Operation Related	How do I switch between Bluetooth and Local mode?	1. Double-tap the left earbud (turns the earbuds on by default). 2. Switch through the soundcore app. 3. When the earbuds detects that the user is asleep, they will automatically switch to Local mode and play the built-in white noise by default.
Operation Related	How do I adjust the volume in Local mode?	You can adjust the volume manually through the soundcore app, or by tapping the earbuds. Binaural Mode: Triple-tap the left earbud to decrease the volume, and triple-tap the right earbud to increase the volume. You can also control the volume directly from the app. Note: In Local mode, the volume cannot be adjusted using the volume buttons on your phone.
Operation Related	How do I use the Sleep Onset Detected feature?	You can access Auto-Switch Once Asleep settings within the app: 1. Play Local Audio, ANC Off: After detecting you've fallen asleep, the device (if playing audio) will switch to Local mode and turn off active noise cancellation. 2. Pause Audio: After detecting you've fallen asleep, the device will switch to Local mode, stop audio playback, and maintain pre-sleep active noise cancellation settings. 3. Keep Audio: After detecting you've fallen asleep, the device will stop playing audio and maintain pre-sleep audio and active noise cancellation settings. Note: If no audio is playing before you fall asleep, audio will not play after you fall asleep.

Category	Question	Answer
Battery Related	How long can Sleep A30 Special earbuds be used on a single charge?	With active noise cancellation (ANC) enabled, it can provide up to 9 hours of playback time. If sleep is detected, Bluetooth playback stops automatically for an undisturbed night. The times presented below were measured in soundcore labs with the volume set at 50%. Other Usage Scenarios: - Bluetooth Mode with ANC On: 6.5 hours - Local Mode with ANC On: 8.5 hours - Bluetooth Mode with ANC Off: 10 hours - Local Mode with ANC Off: 14 hours Note: It is recommended to charge the earbuds before sleeping to ensure enough battery for a full sleep cycle.
Battery Related	What can I do if my Sleep A30 Special earbuds won't charge?	1. Make sure the earbuds are properly placed in the charging case. Check that the ear wings are correctly in place and that nothing is blocking the charging pins. 2. Clean the charging pins on the earbuds and in the charging case. 3. If the charging case battery is below 5%, it may stop charging the earbuds. Try recharging the case first, then place the earbuds back inside.
Battery Related	Why is my Sleep A30 Special's battery draining quickly?	1. In Bluetooth mode with ANC on, battery life is up to 6.5 hours at 50% volume. In Local mode with ANC on, the earbuds can last about 9.5 hours. Please ensure the earbuds are fully charged before use. 2. Turning off Bluetooth on your phone while the earbuds are in Local mode keeps them in search mode temporarily, which increases power consumption. 3. Over time, regular use and charging can cause natural battery wear, which may reduce overall battery life. This is normal. Note: When sleep is detected, the earbuds switch to Local mode to conserve battery. If the alarm clock is enabled, it uses approximately 5% of the battery, leaving 95% of battery charge for playback.
Battery Related	How to Fix Sleep A30 Special Earbuds Charging Issues? 1) The earbuds won't charge in the charging case. 2) The earbuds stay connected to my device even after being placed in the charging case and the lid is closed. 3) The earbuds won’t turn on after being taken out of the case.	1. Ensure that the ear tips and ear wings are properly attached and not blocking the charging pins. Insert both earbuds securely into the charging case. The indicators should light up to indicate the earbuds are connected. 2. Use a dry cloth or a cotton swab with a small amount of alcohol to gently clean the charging pins inside the case and on the earbuds. This ensures a better connection. 3. Use a different charging cable and wall adapter to fully charge the case. Make sure the case is charging properly. If your earbuds have not been used for a long time, charge them for at least 2 hours first and see if this fixes the issue.

Category	Question	Answer
Battery Related	How long does it take to fully charge Sleep A30 Special?	Earbuds: 90 min Charging case: 120 min
Battery Related	How many times can I charge my earbuds with Sleep A30 Special's charging case?	4 times
Battery Related	Why does one earbud drain battery faster than the other?	1. One earbud is designated as the primary earbud, which usually consumes more power. A difference of up to 20% in battery usage between the two earbuds is normal. 2. Battery drain can also be affected by factors such as volume level, type of audio played, interference in the environment, and features open in the app. These factors are for reference only, and your actual experience may vary.
Battery Related	Do the earbuds support wireless charging?	Not supported
Battery Related	What should I do if there is no indicator light after opening the charging case lid?	1. If there is no indicator light, please charge the charging case. The light function should resume after charging. 2.If the charging case firmware version is 1.31, please update it to version 1.57 or later to resolve the issue.
Bluetooth Related	What do I do if Sleep A30 Special disconnects, or the sound is intermittent?	Please note that this does not necessarily mean that there is a problem with the earbuds, and may be related to your connected device and surrounding environment. Bluetooth signals can be affected by obstacles like walls, pillars, household appliances, Wi-Fi, and more. To ensure a stable connection, we recommend avoiding such obstacles. To resolve this issue, please try the following steps: 1. Adjust earbud position, or try using larger ear tips and ear wings. Inserting the earbuds too deeply may interfere with the antenna and affect the stability of the Bluetooth connection. 2. Shorten the distance between your earbuds and phone for better connectivity. 3. Fully charge and reset the earbuds by following these steps: Open the charging case and place the earbuds inside. Press and hold the Reset button on the back of the case for 10 seconds to reset the earbuds. 4. If in Bluetooth mode, try playing downloaded music or videos to check if the issue persists. 5. Test the earbuds with other Bluetooth devices in different environments to rule out device or environmental factors.
Bluetooth Related	How far is the Bluetooth range?	10 meters

Category	Question	Answer
Bluetooth Related	What version of Bluetooth does Sleep A30 Special use?	5.4
Bluetooth Related	Which Bluetooth audio codecs are supported?	SBC and AAC
Bluetooth Related	What should I do if the left and right earbuds do not pair properly (only one light flashes when placed in the case)?	Reset the earbuds by placing them in the charging case, and then pressing and holding the reset button for 10 seconds.
Bluetooth Related	What if there is little or no sound coming from one of the earbuds?	1. Sleeping on your side at a certain angle may shift the ear tip and block the mesh filter, resulting in little or no sound. Try adjusting your head or pillow position. 2. The Bluetooth connection may be blocked by your ear/body while sleeping on your side, resulting in little or no sound. 3. Make sure the metal mesh filter and ear tips are clean. Dirt or debris can block sound output. 4. Follow the steps below to fully charge and reset the earbuds: Reset the earbuds by placing them in the charging case. and then pressing and holding the reset button for 10 seconds. 5. Check the volume controls on your phone. On Android: Go to Settings > Accessibility > Audio and On-Screen Text > Audio > Balance. On iPhone: Go to Settings > Accessibility > Audio/Visual > Audio Balance. On Samsung: Go to Settings > Accessibility > Hearing Enhancements > Connected Audio. Note: Adjusting balance to the left will make audio in the left earbud louder and vice versa.
Bluetooth Related	Why is there no sound from the earbuds and music is playing through my phone's speakers?	Please check if you've accidentally switched to Local Mode. In Local Mode, the earbuds can only play built-in white noise and do not support Bluetooth music playback.

Category	Question	Answer
Bluetooth Related	How can I troubleshoot the following issues? 1. Earbuds not pairing. 2. Sound only coming from one earbud. 3. One side not pairing with the other side or the device. 4. Lack of audio playback after connecting to my device. 5. Failure to automatically connect with my device upon removing from the charging case.	1. Ensure that the protective film covering the connectors on the earbuds has been removed. 2. Make sure the ear wings are installed properly and do not block the earbuds' charging pins, as this may prevent them from pairing correctly. 3. Reboot the Bluetooth device (e.g., phone). Forget all the previous pairing records on your device and disable Bluetooth. 4. Full charge your earbuds and reset the earbuds as per the steps below: - Place the earbuds into the charging case and keep the case open. - Press and hold the Reset button on the back of the charging case for 10 seconds. The indicator light inside the charging case will start flashing quickly, indicating it is in pairing mode, and blink slowly once pairing is successful. 5. Turn on the Bluetooth of your device and search for soundcore Sleep A30 Special and pair. 6. Please try it with another device (phone/tablet/etc.) and see if the issue persists. If there is a pop-up window to confirm pairing for " soundcore Sleep A30 Special," please select "pair" If you accidentally select "cancel" you need to refresh (turn off and turn on) the Bluetooth of your device and pair the earbuds again.
Sound Quality Related	What should I do if the sound quality is poor when using Sleep A30 Special in Bluetooth mode?	1. Try different sizes of ear tips and adjust the earbuds to ensure a snug fit in your ear canal. 2. If one side feels less secure, you can mix sizes (e.g. medium on the left and large on the right) to achieve a better fit for better audio quality. 3. Try playing different types of music and ensure the audio file is free of distortion or noise. 4. Clean the ear tips and metal mesh filter and try again.
Sound Quality Related	What should I do if white noise playback on my Sleep A30 Special has poor sound quality?	You can switch between different white noise tracks on the soundcore app.
Sound Quality Related	What should I do if the noise reduction on my Sleep A30 Special is not effective?	1. Adjust the wearing position to ensure a proper seal with the ear canal. 2. Try different sizes of ear tips and wings. 3. Try foam ear tips—they usually block noise better than silicone, though comfort varies. 4. Adjust the active noise cancellation (ANC) settings. Our ANC feature is optimized for low-frequency noises like traffic or household appliances. If your sleep setting is set to "Play Local Audio" after detecting sleep, ANC will automatically turn off. To keep ANC on all night, switch the "Sleep Onset Detected" setting in the soundcore app to "Stop audio."
Sound Quality Related	What can I do if the Sleep A30 Special prompt tone is too loud?	You can turn it off in the app settings.

Category	Question	Answer
Sound Quality Related	Why can't I adjust the volume or why is the volume low on my Sleep A30 Special?	1. The volume of white noise in Local mode cannot be adjusted using your phone's volume controls. Instead, you can adjust it through the app or by tapping the earbuds. Binaural Mode: Triple-tap the left earbud to decrease the volume, and triple-tap the right earbud to increase the volume. You can also control the volume directly from the app. 2. If you experience this issue in Bluetooth mode on an Android device, please enable "Volume Synchronization" or "Absolute Volume" in your device settings.
Sound Quality Related	What can I do if I hear my heartbeat or pulse when wearing Sleep A30 Special?	1. Replace the ear tips or ear wings and adjust the earbuds. 2. Replace the foam ear tips with silicone ear tips. 3. Turn off ANC and check if the sound disappears.
Sound Quality Related	Does Sleep A30 Special support calls?	Yes, it does. The call function is turned off by default and can be enabled in the soundcore app settings.
Sound Quality Related	How can I resolve poor dynamic snore masking effects?	1. The audio uses soothing white noise to reduce snoring fluctuations, helping to promote stable sleep. 2. Test different masking audio to find the audio type that you think works best for your situation. 3. Place the charging case close to the snoring source for more accurate detection and better masking.
Sound Quality Related	How can I resolve transient abnormal sounds?	1. Ensure a snug but comfortable fit with proper sealing. 2. Try different ear tip and wing combinations if needed. 3. Check the soundcore app to confirm your firmware is up to date.
App Related	What should I do if the white noise for Sleep A30 Special is downloading slowly?	1. Please pause audio playback or other operations on your phone while downloading. 2. Please check that you have a stable network connection.
App Related	White noise looping sounds unnatural.	We recommend trying different white noise options.
App Related	Why is the Sleep A30 Special Sleep Test not accurate?	The earbuds detect sleep or wakefulness based on your movement, then generate local data in the app. Because everyone moves differently while asleep, some degree of error in detection is normal.

Category	Question	Answer
App Related	Why is there no Sleep Report data?	Principle of sleep detection: The earbuds determine whether you're asleep based on your amplitude of movement within a specific time window. If there is minimal movement over 30 minutes, the earbuds will judge that you've fallen asleep and generate local sleep data. However, if you frequently toss and turn or move your head during sleep, the earbuds may misjudge that you're still awake, resulting in no sleep data being recorded. To rectify the issue, we recommend: 1. Reconnecting the earbuds. The latest sleep data syncs to the app only when the earbuds are connected. 2. Not opening the app every time you go to bed. 3. Connecting to the app once a week to make sure your data stays up to date.
App Related	Why doesn't the Sleep Reminder do anything when I turn it on?	The Sleep Reminder feature only works within the app and requires the app to be running in the foreground for the reminder to appear. Currently, reminders are not supported directly through the earbuds to avoid disrupting your listening experience.
App Related	How do I download white noise to my Sleep A30 Special?	White noise must be downloaded through the soundcore app while your earbuds are connected in Bluetooth mode. Downloads are supported in both Local and Bluetooth mode, but third-party audio cannot be imported. Only 1 white noise track can be saved in your earbuds at a time. How to download: 1. Open the soundcore app and go to "Audio Library" 2. Tap the "White Noise" tab and select the audio you want to download 3. Tap the Up-Arrow icon at the bottom of the play bar 4. Tap "Transfer" in the pop-up menu to start the download 5. Once download is complete, the white noise will automatically be saved to your earbuds and be available for playback in Local mode
App Related	Why can Sleep A30 Special only store one white noise sound locally?	Compared with Sleep A20, Sleep A30 Special features improved sound quality for white noise playback. This means each file requires more storage space, which limits the number of white noise tracks that can be stored locally. If you'd like to store a different white noise sound, please delete the current one and then add your preferred option.
App Related	How do I set the playback duration for Local mode?	Switch to Local mode. Then, select "Playback Duration". The default duration is set to two hours, but you can choose your preferred playback time.
App Related	How do I turn the tapping feature off?	Select "Tap Control" to enter settings, then toggle the feature on/off in the desired mode.

Category	Question	Answer
App Related	Can I add music from my phone to the Audio Library in Local mode?	Adding your own music to the Audio Library is not supported. You can only select from the existing tracks available in the Audio Library. To play your own music, please use Bluetooth mode.
App Related	Can AI brainwave audio be added to the built-in audio of the earbuds/transmitted to the earbuds?	AI Brainwave audio requires dual-channel Bluetooth support and can only be played in Bluetooth mode. This feature is not supported in Local mode. Note: If you play AI brainwave audio in Local mode, the sound will come from the connected device.
App Related	Why is the battery level shown in the app different from the actual level?	1. The battery level of the charging case is only updated in real time when the earbuds are placed back inside the case. If the earbuds have been outside the case for a while, the displayed battery level on the case will not change. 2. To check the current battery level of the charging case, place the earbuds back into the case and open the app. The value displayed will reflect the most up-to-date status.
App Related	Why does audio from the Audio Library play through the phone's speakers?	1. To listen to audio from the Audio Library through the earbuds, you must switch to Bluetooth mode. 2. In Local mode, Audio Library audio will play through your phone’s speakers. To play it through the earbuds in Local mode, you’ll need to first transfer the audio to the earbuds.
App Related	Why is the battery life shorter when the Sound Companion feature is turned on?	When Sound Companion is turned on, the earbuds operate in Bluetooth mode, which uses more power.
App Related	Why does Sleep A30 Special switch modes automatically?	1. The earbuds use smart switching by default. If no movement is detected for an extended period, the earbuds might mistakenly assume you are resting and enter Local mode. 2. Excessive movement while asleep may trigger mistouches, leading to Sleep A30 Special switching modes. Please consider disabling the tapping feature, or reassigning double-tap to a different action.
Alarm	How do I set an alarm with Sleep A30 Special?	1. Connect the earbuds to your phone and open the app to access the control page. 2. Select “Bedtime Reminder & Alarm Clock” on the home page to set alarms (up to five alarms can be set) 3. Tap on individual alarms to customize the time, date and alarm sound.
Alarm	Why is the Sleep A30 Special alarm clock not accurate?	This may be due to clock drift. To correct this, simply connect the earbuds to the app, which will automatically calibrate the earbuds' clock.

Category	Question	Answer
Alarm	How do I use the snooze function?	1. Connect the earbuds to your phone and open the app to access the control page. 2. Select “Bedtime Reminder & Alarm Clock” on the home page to set the alarm clock 3. In the "Remind Me Later" feature, you can choose “5 minutes” or “10 minutes” for the snooze interval. Snooze is repeated up to 3 times.
Alarm	How do I turn off the Sleep A30 Special alarm when it goes off?	1. Double-tap either earbud to pause the alarm. 2. Place the earbuds back into the charging case to automatically stop the alarm.
UI Related	How do I check the remaining charge of my charging case?	The earbuds' battery level can be viewed in the app. - On some Android phones, the earbuds' battery may be visible in the system interface, but the app provides the most accurate data.
UI Related	How do indicator lights behave while charging?	0–20% charge: The first light flashes slowly in 4-second cycles. 20–60% charge: The first light stays on, while the second flashes slowly in 4-second cycles. 60–100% charge: The first and second lights stay on, while the third flashes slowly in 4-second cycles. 100% charge: All three lights stay on for 5 minutes and then turn off. Note: The order is from left to right.
UI Related	How do I check if the the earbuds are charging in the case?	When the left earbud is placed in the charging case, the indicator light on the left will turn on brightly for 3 s, then start flashing slowly. When the right earbud is placed in the charging case, the indicator light on the right will turn on brightly for 3 s, then start flashing slowly. *If the light is dim, the earbud may not be making proper contact with the charging pins. Notes: - Both earbuds are synchronized such that regardless which is placed in the charging case first, both LED lights will remain on for the same 3-second duration before starting to flash slowly. - If one earbud is already in the case and the second is added later, the indicator lights will reflect the number of earbuds in the case.
UI Related	How do I pair the earbuds?	Press and hold for 3 s to enter pairing mode. The second LED light will start flashing until pairing is successful, and then turn off after 1 s. If no device is connected within 5 min and pairing times out, the LED light will turn off. Flashing behavior: 200 ms on, 200 ms off in a repeating cycle.

Category	Question	Answer
Maintenance	How do I clean the ear tips, ear wings, mesh filter, and charging pins?	Clean them regularly using alcohol pads.
Maintenance	How do I clean the foam ear tips?	① Do not use alcohol, water or other liquids to clean the foam ear tips to prevent damage or accelerate aging of the material. ② If the foam tips become damp from sweat or accidental water exposure, gently blot the moisture with a paper towel and allow to air dry in a cool, shaded place. ③ Avoid using hair dryers or other heat sources to dry the ear tips, as high temperatures can lead to deformation.
Maintenance	Why do earbuds become quieter, lose sound, or fail to charge after use? How should I clean them?	Regularly clean with a cotton swab dampened with rubbing alcohol: ear tips, metal mesh filter, mic opening, charging contacts, and charging pogo pins.