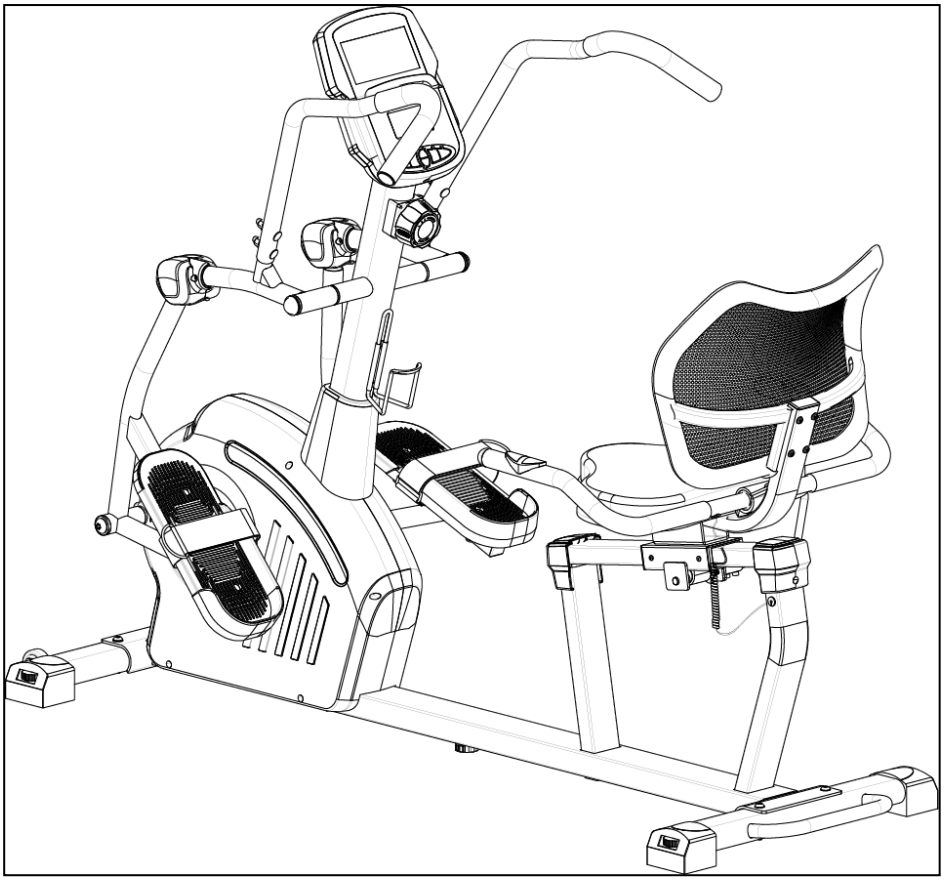
ELITE INTERACTIVE SERIES EXERCISE RECUMBENT CROSS TRAINER AND ELLIPTICAL

SF-RBE420049

USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US**: support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

WWW.SUNNYHEALTHFITNESS.COM

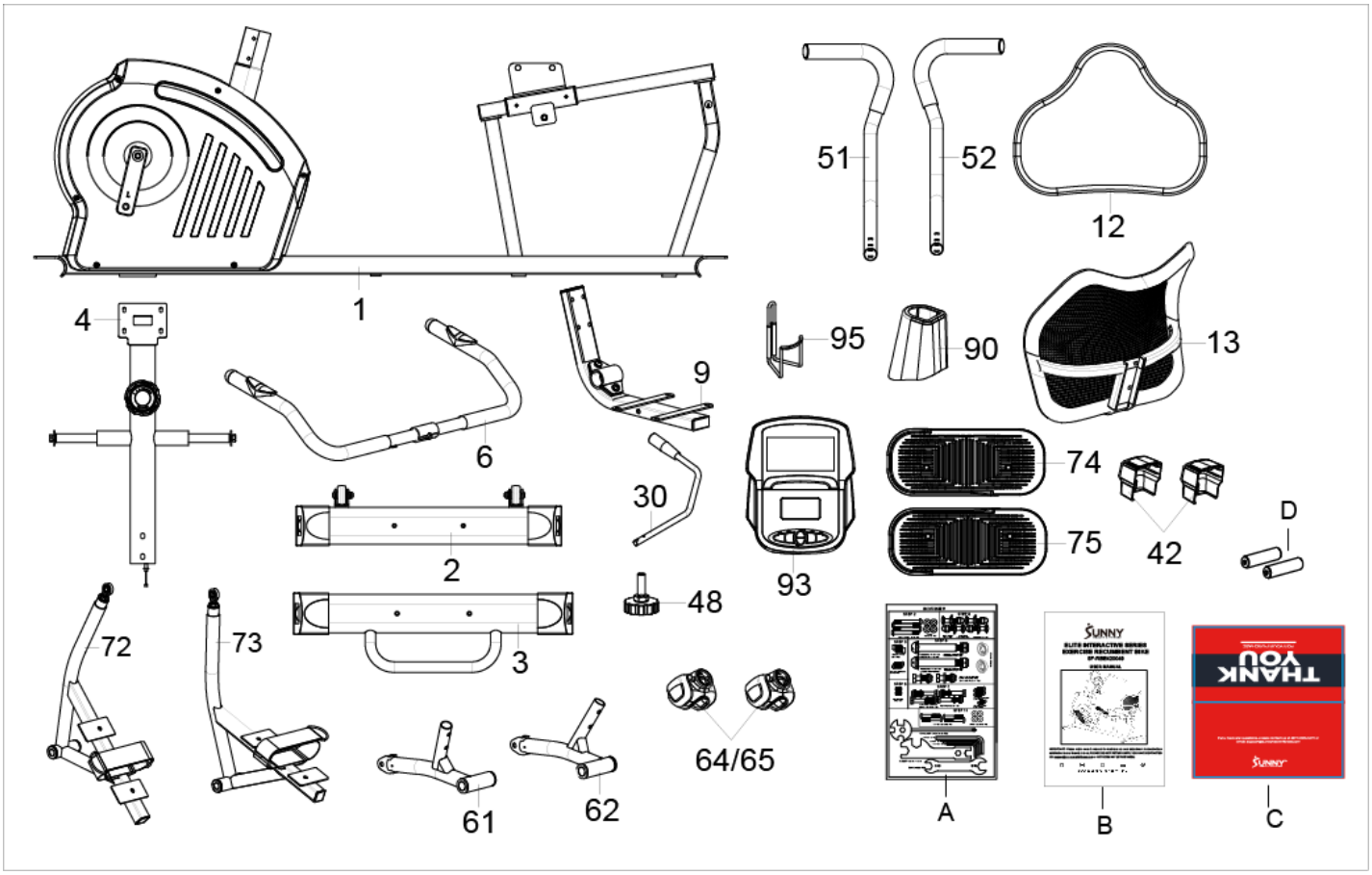
IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 CM) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 300 pounds (135 kgs).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot, or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; it is not intended for commercial use.

PRE-ASSEMBLY CHECK LIST

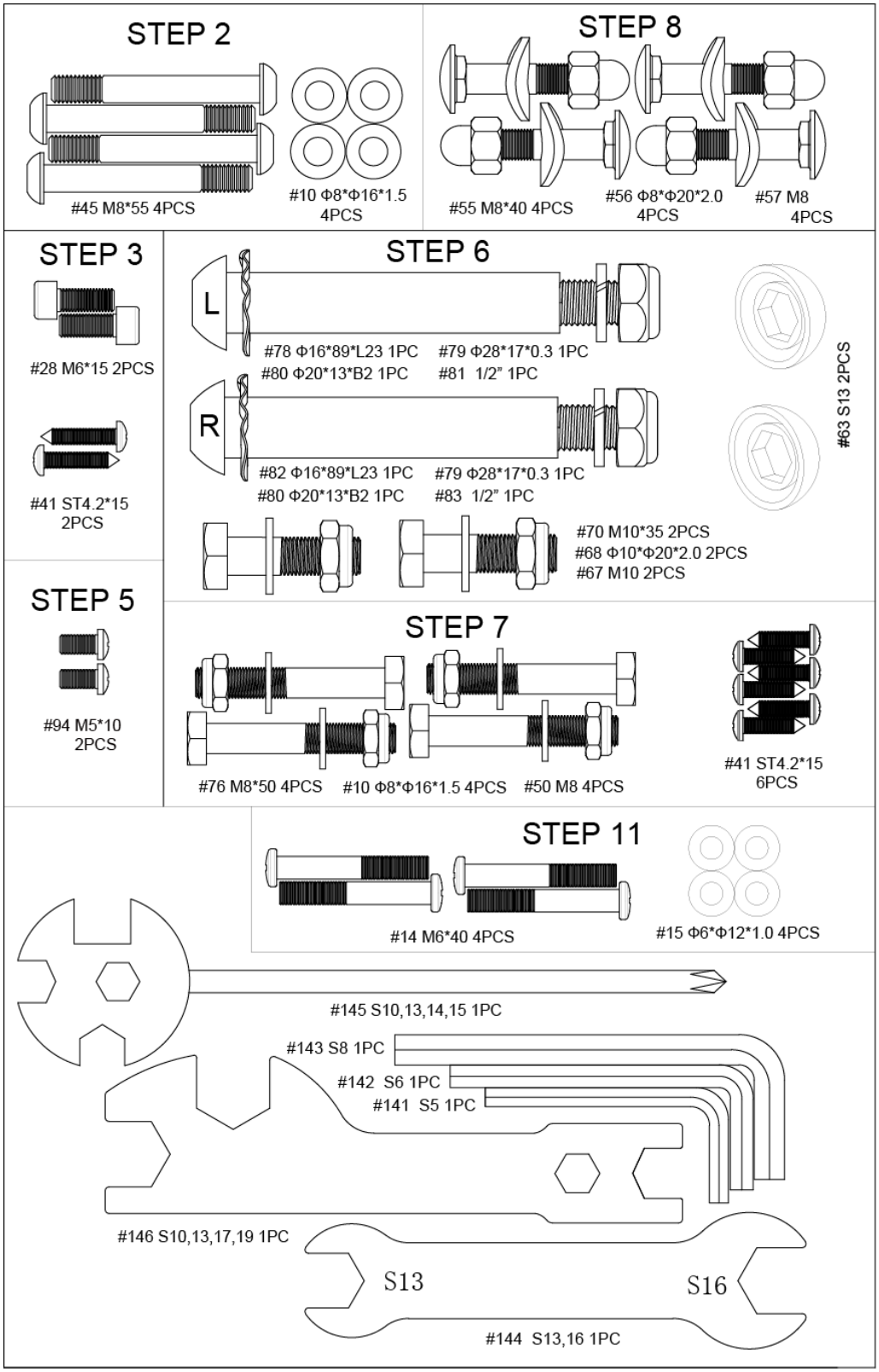
Before you start to assemble, please make sure all parts are included



No.	Description	Spec.	Qty.
1	Main Frame		1
2	Front Stabilizer		1
3	Rear Stabilizer		1
4	Front Post		1
6	Rear Handlebar		1
9	Seat Support Bracket		1
12	Seat		1
13	Backrest Cushion		1
30	Brake Handle		1
42	Sliding Rail Cover		2
48	Adjusting Foot Pad	M8*30	1
51	Left Handlebar		1
52	Right Handlebar		1
61	Left Handrail Arm		1

No.	Description	Spec.	Qty.
62	Right Handrail Arm		1
64	Left Foot Bar Cover		1
65	Right Foot Bar Cover		1
72	Left Foot Bar		1
73	Right Foot Bar		1
74	Left Pedal		1
75	Right Pedal		1
90	Decorative Cover		1
93	Computer		1
95	Bottle Holder		1
A	Hardware Package		1
B	Manual		1
C	Thank You Card		1
D	Battery		2

HARDWARE PACKAGE



Ordering Replacement Parts (U.S. and Canadian Customers only)

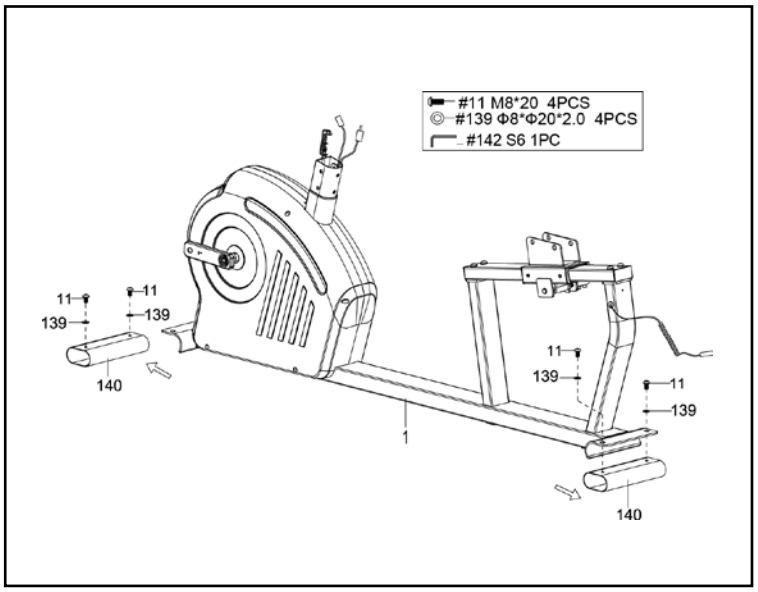
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the "EXPLODED DIAGRAM" and "PARTS LIST" (found near the front of the manual)

Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

ASSEMBLY INSTRUCTIONS

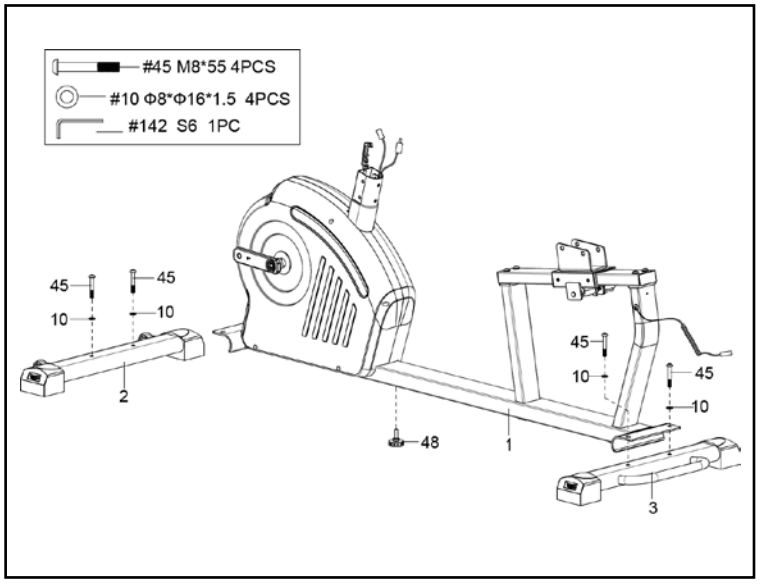
We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 1:

Unscrew 4 **Screws (No. 11)** from **Main Frame (No. 1)** with **Allen Wrench (No. 142)**. Remove 4 **Plastic Washers (No. 139)** and 2 **Shipping Tubes (No. 140)** from **Main Frame (No. 1).**

You may save these parts 4 **Screws (No. 11)**, 4 **Plastic Washers (No. 139)**, 2 **Shipping Tubes (No. 140)** in case you would like to repackage and transport this equipment in the future.

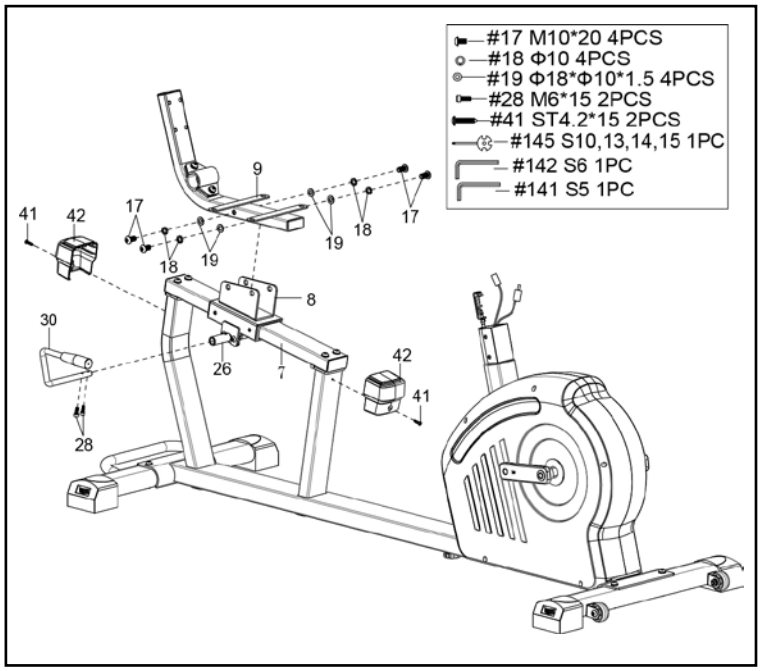


STEP 2:

Attach the **Front Stabilizer (No. 2)** and **Rear Stabilizer (No. 3)** to the **Main Frame (No. 1)** with 4 **Bolts (No. 45)** and 4 **Washers (No. 10)**. Tighten and secure with **Allen Wrench (No. 142)**.

Attach the **Adjusting Foot Pad (No. 48)** to the **Main Frame (No. 1)** by hand.

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STEP 3:

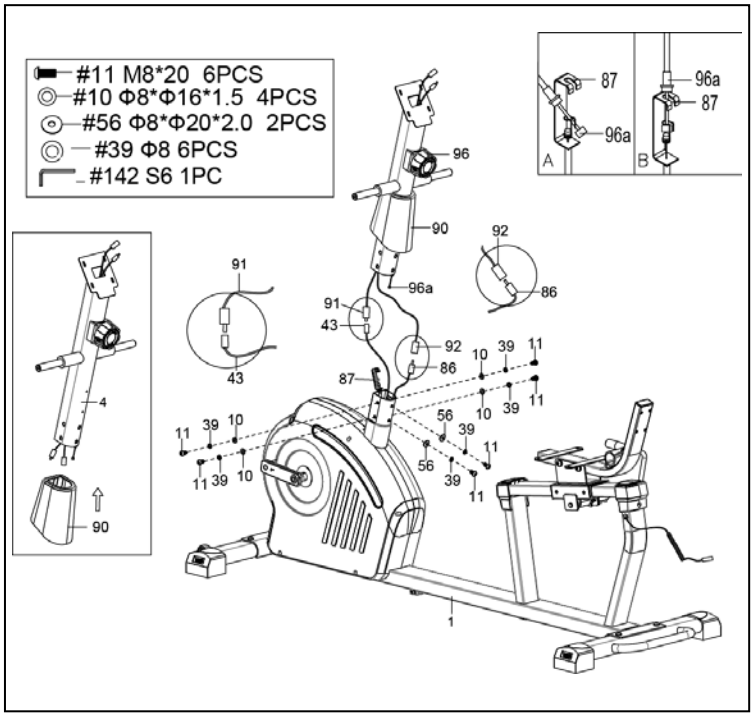
Attach the **Brake Handle (No. 30)** to the **Connecting Axle (No. 26)** with 2 **Screws (No. 28)**. Tighten and secure with **Allen Wrench (No. 141)**.

Remove 4 **Washers (No. 19)**, 4 **Spring Washers (No. 18)** and 4 **Screws (No. 17)** from the **Seat Support Bracket (No. 9)** with **Allen Wrench (No. 142)**.

Attach the **Seat Support Bracket (No. 9)** to the **Seat Adjusting Tube (No. 8)** with 4 **Washers (No. 19)**, 4 **Spring Washers (No. 18)** and 4 **Screws (No. 17)** that were removed. Tighten and secure with **Allen Wrench (No. 142)**.

Attach the 2 **Sliding Rail Covers (No. 42)** to the **Main Frame (No. 1)** with 2 **Screws (No. 41)**. Tighten and secure with **Spanner (No. 145)**.

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STEP 4:

Remove 6 **Screws (No. 11)**, 4 **Washers (No. 10)**, 2 **Big Arc Washers (No. 56)** and 6 **Spring Washers (No. 39)** from the **Main Frame (No. 1)** with **Allen Wrench (No. 142)**.

Attach the **Decorative Cover (No. 90)** into the **Front Post (No. 4)**

CAUTION: Please make sure the **Tension Control Knob (No. 96)** is at the lowest resistance level (level 1, all the way to the left) before you connect any wires together.

Attach the **Tension Control Wire (No. 96a)** into the metal bracket of **Tension Wire (No. 87)** as shown in drawing A**.** Then, pull **Tension Control Wire (No. 96a)** upward and insert it into the slot of metal bracket of **Tension Wire (No. 87)** as shown in drawing B**.** Make sure the metal fitting on **Tension Control Wire (No. 96a)** is secured in the metal bracket.

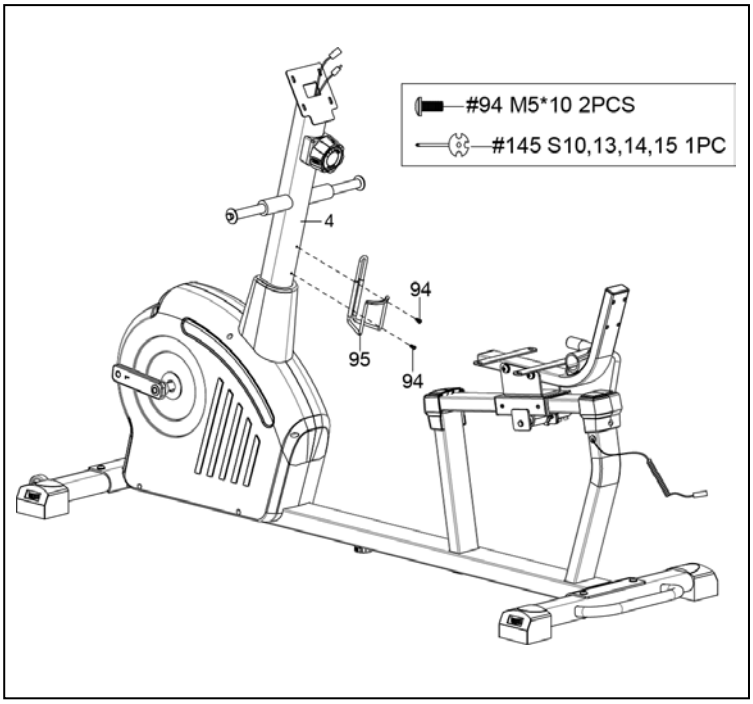
Connect the **Extension Sensor Wire II (No. 91)** with **Flexible Wire (No. 43)**; and connect **Sensor Wire (No. 86)** with the **Extension Sensor Wire I (No. 92)**. Insert the connecting wires into **Front Post (No. 4)**.

Attach the **Front Post (No. 4)** to the **Main Frame (No. 1)** with 6 **Screws (No. 11)**, 4 **Washers (No. 10)**, 2 **Big Arc Washers (No. 56)** and 6 **Spring Washers (No. 39)** that were removed. Tighten and secure with **Allen Wrench (No. 142)**.

Lower the **Decorative Cover (No. 90)** to fit in the **Main Frame (No. 1)**.

NOTE: Be careful not to pinch any wires when attaching **Front Post (No. 4)** to **Main Frame (No. 1)**.

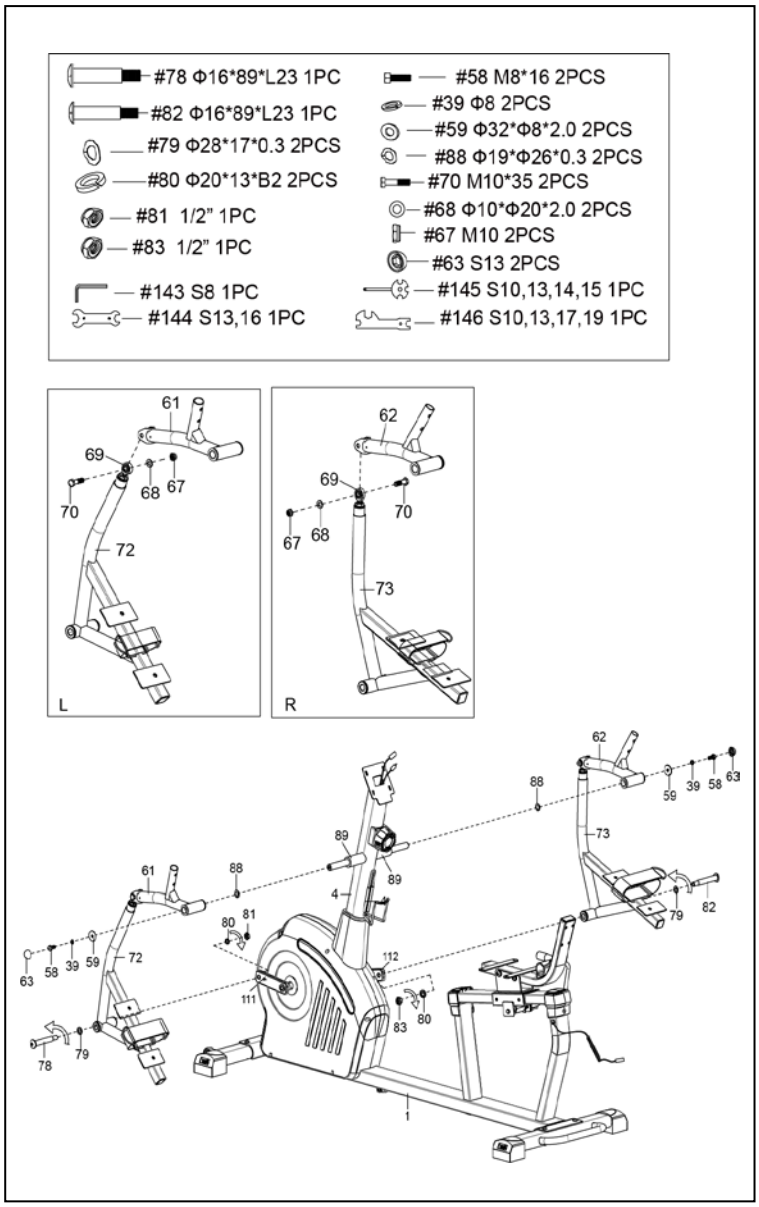
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STEP 5:

Attach **Bottle Holder (No. 95)** to the **Front Post (No. 4)** with 2 **Screws (No. 94)**. Tighten and secure with **Spanner (No. 145)**.

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STEP 6:

Attach the **Left & Right Handrail Arms (No. 61** & **No. 62)** onto the **Bearing (No. 69)** that located on the **Left/ Right Foot Bar (No. 72&73)** with 2 **Bolts (No. 70)**, 2 **Washers (No. 68)** and **2 Nuts (No. 67)**. Tighten and secure with **Spanner (No. 144)** and **Spanner (No. 146)**.

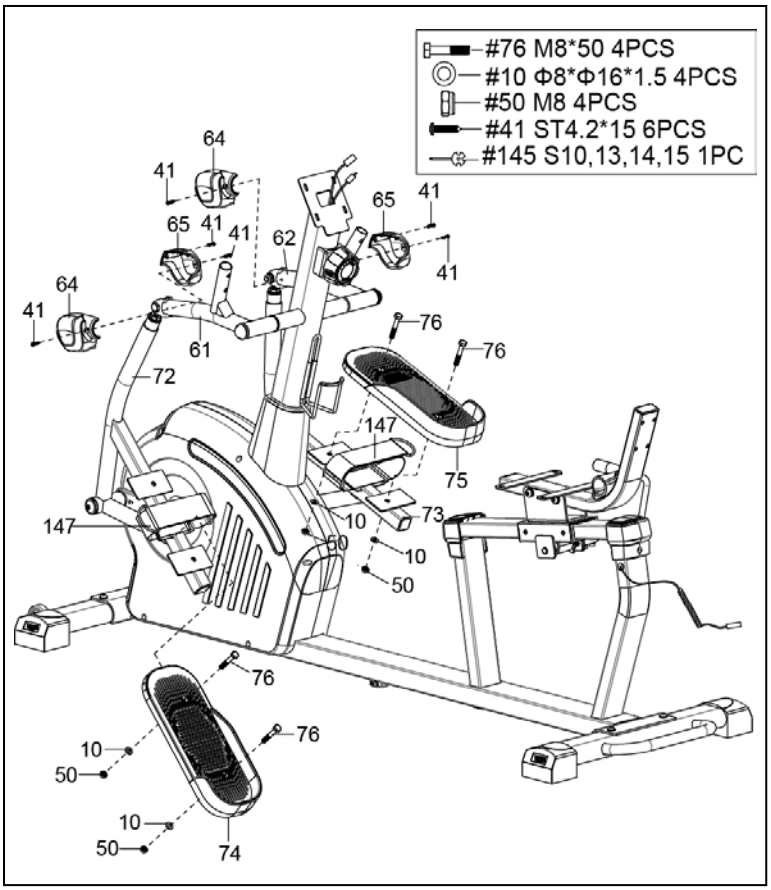
Remove 2 **Screws (No. 58)**, 2 **Big Washers (No. 59)**, 2 **Spring Washers (No. 39)** and 2 **Wave Washers (No. 88)** from the **Front Post (No. 4)** with **Spanner (No. 145)**.

Attach the **Left & Right Handrail Arms (No. 61** & **No. 62)** to the **Front Post (No. 4)** with 2 **Screws (No. 58)**, 2 **Big Washers (No. 59)**, 2 **Spring Washers (No. 39)** and 2 **Wave Washers (No. 88)** that were removed. Tighten and secure with **Spanner (No. 145)**. Install 2 **Caps (No. 63)** onto the 2 **Screws (No. 58)**.

Attach the **Left Foot Bar (No. 72)** to the **Left Crank (No. 111)** with 1 **Left Pedal Bolt (No. 78)**, 1 **Wave Washer (No. 79)**. Turn the **Left Pedal Bolt (No. 78)** ***counter-clockwise*** as tightly as you can with your hand. Secure by tightening 1 **Spring Washer (No. 80)** and 1 black color **Left Nylon Nut (No. 81)**, ***clockwise***. The Then use **Allen Wrench (No. 143)** and **Spanner (No. 146)** to tighten securely**.**

Attach the **Right Foot Bar (No. 73)** to the **Right Crank (No. 112)** with 1 **Right Pedal Bolt (No. 82)**, 1 **Wave Washer (No. 79)**. Turn the **Right Pedal Bolt (No. 82)** ***clockwise*** as tightly as you can with your hand. Secure by tightening 1 **Spring Washer (No. 80)** and 1 white color **Right Nylon Nut (No. 83)**, ***counter-clockwise***. Then use **Allen Wrench (No. 143)** and **Spanner (No. 146)** to tighten securely**.**

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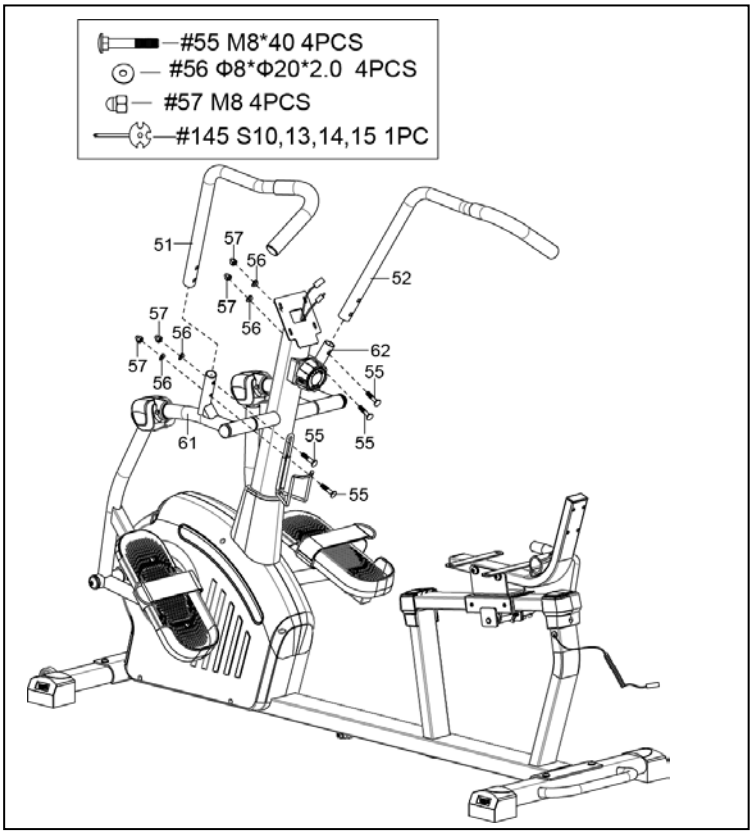
STEP 7:

Attach the **Left Pedal (No. 74)** to the **Left Foot Bar (No. 72)** with 2 **Bolts (No. 76)**, 2 **Washers (No. 10)** and 2 **Nuts (No. 50)**. Tighten and secure with **Spanner (No. 145)**.

Release the **Pedal Straps (No. 147)** and push the **Right/Left Pedal (No. 74 & No. 75)** through the **Pedal Straps (No. 147)**.

Attach the **Right Pedal (No. 75)** to the **Right Foot Bar (No. 73)** with 2 **Bolts (No. 76)**, 2 **Washers (No. 10)** and 2 **Nuts (No. 50)**. Tighten and secure with **Spanner (No. 145)**.

Attach the **Left Foot Bar Cover (No. 64)** and **Right Foot Bar Cover (No. 65)** to the **Left & Right Handrail Arm (No. 61 & No.62)** with 4 **Screws (No. 41)**. Tighten and secure with **Spanner (No. 145)**.

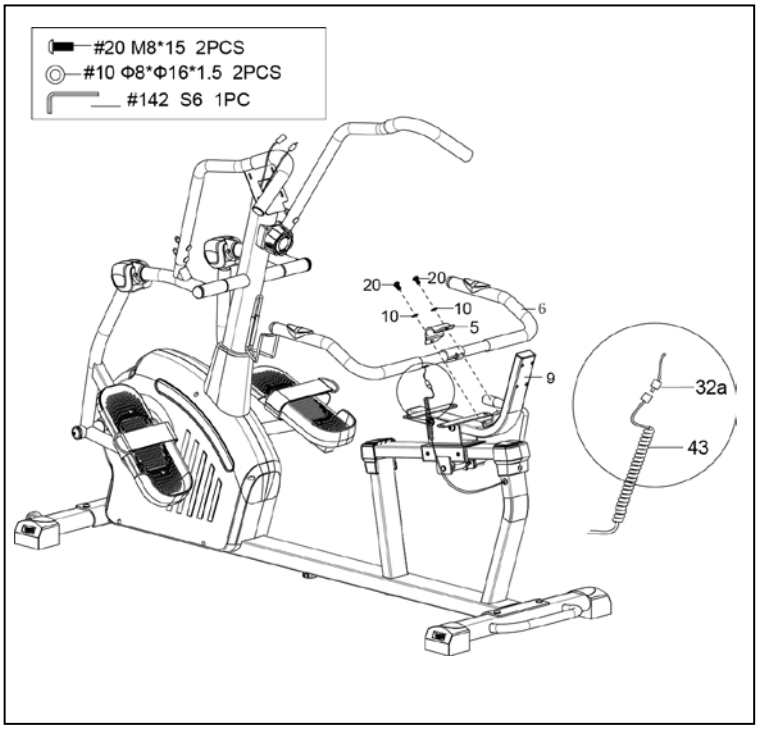


STEP 8:

Attach the **Left Handlebar (No. 51)** to the **Left Handrail Arm (No. 61)** with 2 **Bolts (No. 55)**, 2 **Big Arc Washers (No. 56)** and 2 **Cap Nuts (No. 57)**. Tighten and secure with **Spanner (No. 145)**.

Attach the **Right Handlebar (No. 52)** to the **Right Handrail Arm (No. 62)** with 2 **Bolts (No. 55)**, 2 **Big Arc Washers (No. 56)** and 2 **Cap Nuts (No. 57)**. Tighten and secure with **Spanner (No. 145)**.

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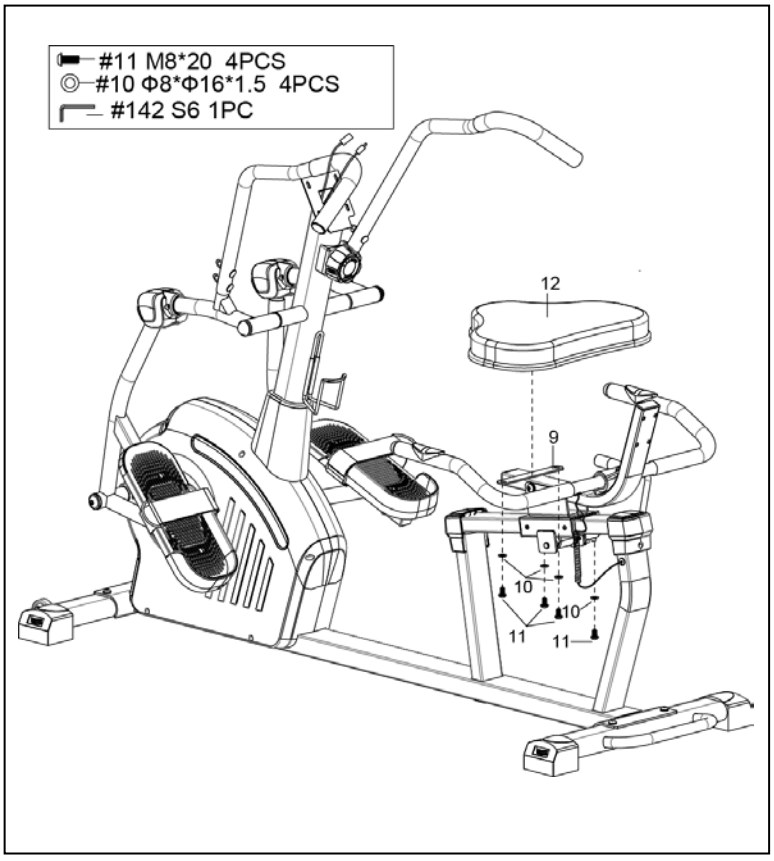


STEP 9:

Remove 2 **Screws (No. 20)**, 2 **Washers (No. 10)** and 1 **Handlebar Cover (No. 5)** from the **Seat Support Bracket (No. 9)** with **Allen Wrench (No. 142)**.

Attach the **Rear Handlebar (No. 6)** to the **Seat Support Bracket (No. 9)** with 2 **Screws (No. 20)**, 2 **Washers (No. 10)** and 1 **Handlebar Cover (No. 5)** that were removed. Tighten and secure with **Allen Wrench (No. 142)**.

Connect the **Flexible Wire (No. 43)** with the **Handle Pulse Wire (No. 32a)**.

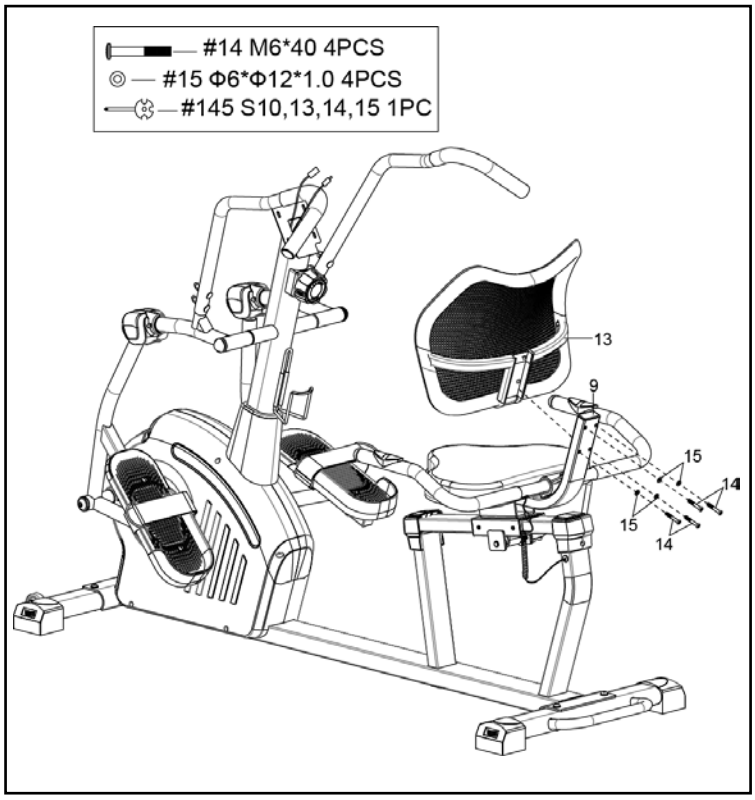


STEP 10:

Remove 4 **Screws (No. 11)** and 4 **Washers (No. 10)** from the **Seat (No. 12)** with **Allen Wrench (No. 142).**

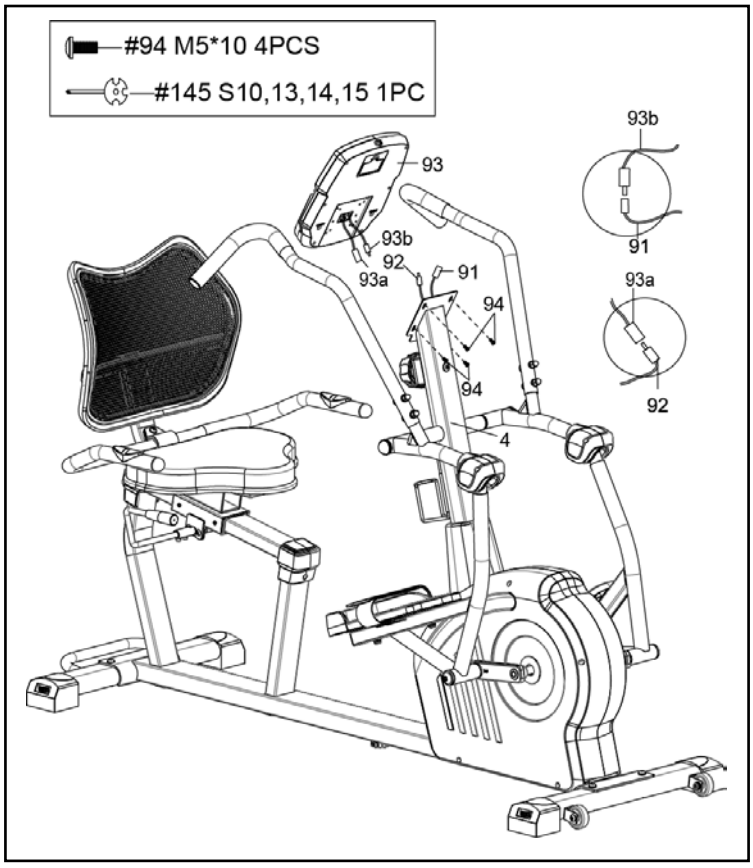
Attach the **Seat (No. 12)** to the **Seat Support Bracket (No. 9)** with 4 **Screws (No. 11)** and 4 **Washers (No. 10)** that were removed. Tighten and secure with **Allen Wrench (No. 142)**.

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STEP 11:

Attach the **Backrest Cushion (No. 13)** to the **Seat Support Bracket (No. 9)** with 4 **Bolts (No. 14)** and 4 **Washers (No. 15)**. Tighten and secure with **Spanner (No. 145)**.



STEP 12:

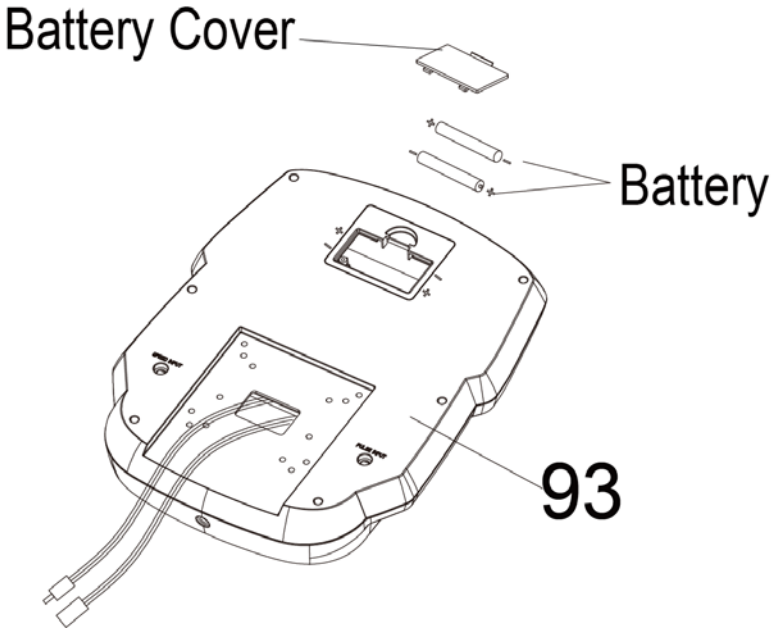
Remove 4 **Screws (No. 94)** from the back of the **Computer (No. 93)** with the **Spanner (No. 145)**.

Connect the **Extension Sensor Wire I (No. 92)** with **Computer Wire A (No. 93a)**. And connect the **Extension Sensor Wire II (No. 91)** with **Computer Wire B (No. 93b)**. Then insert them into the **Front Post (No. 4)**.

Attach **Computer (No. 93)** to the top end of the **Front Post (No. 4)** with 4 **Screws (No. 94)** that were removed. Tighten and secure with **Spanner (No. 145)**.

The assembly is complete!

BATTERY INSTALLATION & REPLACEMENT



BATTERY INSTALLATION

1. Take out 2 AA batteries from computer box.
2. Press the buckle of battery cover on the **Computer (No. 93)**, then remove battery cover.
3. Install 2 AA batteries into the battery case on the back of the **Computer (No. 93)**. Pay attention to the battery + and – poles before installing.
4. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer (No. 93)**.

The installation is complete!

BATTERY REPLACEMENT

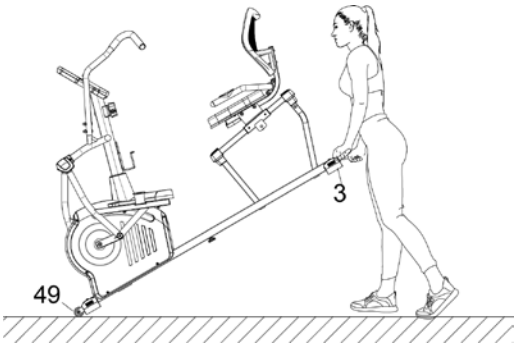
1. Press the buckle of battery cover on the back of the **Computer (No. 93)**, then remove battery cover.
2. Remove the 2 old AA batteries in the battery case and install 2 new AA batteries into the battery case on the back of the **Computer (No. 93)**. Pay attention to the battery + and – poles before installing.
3. Press the buckle of battery cover, then put the battery cover back to the back of the **Computer (No. 93)**.

The replacement is complete!

BATTERY DISPOSAL

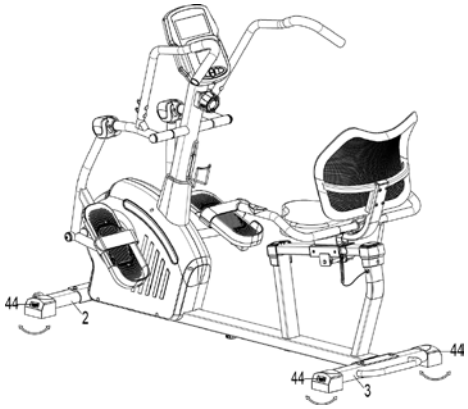
Dispose the batteries according to the laws and regulations of your local region. Some batteries may be recycled. When disposing or recycling, do not mix battery types.

ADJUSTMENTS GUIDE



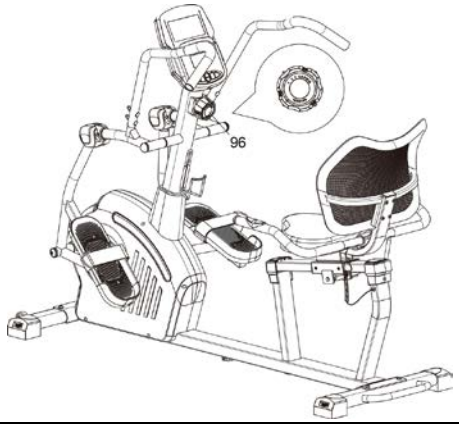
MOVING THE RECUMBENT BIKE

Lift the **Rear Stabilizer (No. 3)** and tilt the recumbent bike until the **Transportation Wheels (No. 49)** touch the ground. Now you can transport the recumbent bike to the desired location with ease.



ADJUSTING THE BALANCE

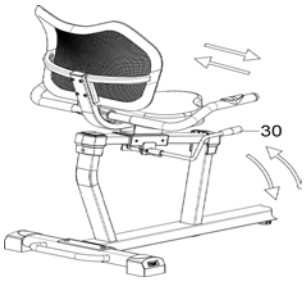
In order to achieve a smooth and comfortable ride, you must ensure that the recumbent bike is stabled and secured. If you notice that the recumbent bike is unbalanced during use, you should adjust the 4 **Adjustable End Caps (No. 44)** located on the **Front and Rear stabilizers (No. 2&3)** until the recumbent bike becomes levelled with the floor surface.



ADJUSTING THE TENSION

Adjust the tension by rotating the **Tension Control Knob (No. 96)** *clockwise* to increase the level of resistance. Rotate the **Tension Control Knob (No. 96)** *counter-clockwise* to decrease the level of resistance.

Tension levels are set at Level 1 being the lowest and Level 12 being the highest.



ADJUSTING THE SEAT

To adjust the seat forward or backward, press down **Brake Handle (No. 30)**, then slide the seat to the desired position, lift the **Brake Handle (No. 30)** to tighten.

CLEANING

The recumbent bike can be cleaned with a soft, clean, damp cloth. Do not use abrasives or solvents on plastic parts. Please wipe your perspiration off the recumbent bike after each use. Be careful not to get excessive moisture on the computer display panel as this might cause electrical hazard or electronics to fail. Please keep the recumbent bike, especially the computer, out of direct sunlight to prevent screen damage. Please inspect all assembly bolts and pedals on the recumbent bike for proper tightness every week.

STORAGE

Store the recumbent bike in a clean and dry environment, away from children.

EXERCISE COMPUTER



FUNCTION BUTTONS

MODE

1. Press the button to select hour, minute, year, month and date for setting.
2. Press the button to select TIME, DISTANCE, CALORIES and PULSE to preset.
3. Press the button for selection function display on main LCD, or enter after setting.
4. Press the button to confirm setting value of gender, age, height and weight.
5. Press the button and hold for 2 seconds to reset all value to zero.
   (When the user replace batteries, all the values will reset to ZERO automatically.)

SET

1. To set up the hour, minute, year, month and date.
2. To set up the target value of Time, Distance, Calories and Pulse. You can hold the button to increase the value fast. (The computer has to be in stop condition.)
3. To set up the personal data of gender, age, height and weight for Body fat test.

RESET

Press the button to reset function value when setting.
(When the user replace batteries, all the values will reset to ZERO automatically.)

BODY FAT

Press this button to enter Body Fat measure function, then press MODE key to enter the setting Mode of your personal data of Gender, Age, Height and Weight. After finished setting, press it again to measure your Body fat ration (FAT%) and BMI.

RECOVERY

To act the heart rate recovery function after pulse signal in. Press any button to return to the main display.

FUNCTIONS

SCAN

Automatically scan through each mode in sequence every 6 seconds. The display loop is RPM Speed – Time – Distance – Calorie - Pulse on the main screen.

TIME

Accumulates total time from 00:00 up to 99:59. The user may preset target time by pressing SET &MODE button. Each increase is 1 minute.

RPM

Displays the Rotation per Minute (RPM). The RPM and SPEED will switch to another display in every 6 seconds after exercise starts.

SPEED

Displays current training speed. Maximum speed is 99.9 km/h or mile/h.

DISTANCE

Accumulates total distance from 0.00 up to 99.99 km or mile. The user may preset target Distance data by pressing SET & MODE button. Each increase setting is 0.5 km or mile.

CALORIES

Accumulates calories consumption during training from 0 to max. 999 calories. The user may also preset the target calorie before training by press SET & MODE button. Each setting increase is10 cal.

Note : This data is a rough guide for comparison of different exercise sessions which can not be used in medical treatment.

PULSE

The monitor will display the user's heart rate in beats per minute during training. You may set the target heart rate by press the SET & MODE button.

CALENDAR

The monitor will display date, month, and year when the monitor is in sleep mode.

CLOCK

The monitor will display current clock time when the monitor is in sleep mode.

TEMPERATURE

Displays current room temperature from 10℃ to 60℃when the monitor is in sleep mode.

OPERATION ORDER:

1. **Power on** – Installs 2 pieces of 1.5V UM-3 or AA batteries. The monitor start to segment test with a long beep sound. (Whenever batteries are removed, all the functions values will be reset to zero or default value.)
2. **Set current data** – Press the SET and MODE buttons to set up current clock time, year, month, and date. After the first setting till batteries be replaced next time, those preset data will be updated automatically.
3. **Select and preset target value** – Get access to the setting function of Time, Distance, Calories and Target Pulse. When you are in each setting mode. For instance the Time setting, when the time value is glitter, you can press the SET button to adjust the value. Press the MODE button for confirmation and skip to next setting. The setting of Distance & Calories is the same as Time setting.
4. After entering speed signal, each function of SPEED-RPMTIME-DISTANCE-CALORIES-PULSE will skip to display in every 6 seconds.
5. You can also press the MODE button to select single function display on the main screen except RPM & SPEED. The RPM & SPEED function will switch display in 6 seconds.
6. If you have preset any function target before, the function starts to count down from the target when the training starts. Once the target is achieved, the monitor will beep and the function will count up from zero automatically if the training is still going.
7. **Pulse measurement –** After you hold on two handgrip sensors in a few seconds, the monitor will show up your current heart rate in beats per minute. To ensure the heart rate readout precisely, please do not hold one hand only. You may preset target pulse before training starts. Once your current heart rate is achieved to the target, the value of pulse will beep to remind you.

8. **Recovery –**When the PULSE is working, you can press “RECOVERY” button to start the recovery test function. The monitor will count down from 0:60 second to 0:00 and the heartbeat symbol will be glitter till counting down to “0:00”. During 60 seconds counting period, please keep heart rate sensor is attached. Then the screen will display “F1 to F6” to show your recovery status. F1 is the best, and the F6 is the worst. You may keep exercising to improve your heartbeat recovery status, and check it by using Recovery function.
9. **Body Fat -**
    a) Press BODY FAT key to enter body fat measurement.
    b) Press MODE and SET buttons to input your personal data. Each personal data available setting area is described as the following:
    c) AGE: 10 ~ 99 years HEIGHT: 100 ~ 250 cm (or 3’03” ~ 8’02“)
    WEIGHT: 10 ~ 200 kg (or 22 ~ 440 lb)
    d) After all personal data have been input, you can press BODY FAT button and hold on grip conductors to start the body fat testing.
    e) It takes few seconds to test the body fat. If you did not hold on the conductor during the testing procedure, the LCD will show the error sign Err after 10 seconds period.
    f) After the testing is finished, you will see fat advice in percentage and BMI figure (body mass Index) display on the main LCD in sequence by scan mode.
    g) BODY FAT % : Calculate from your personal data to show the value from 5%~50%.
    h) BMI : Calculate from your personal data to show the value from 1.0~99.99.
    i) Press any key to return to the main display.

Note

1. Stop training for 4 minutes, the screen will show up room temperature, clock, and calendar display automatically.
2. If the computer displays abnormally, please re-install the battery and try again.
3. Battery Spec: 1.5V UM-3 or AA (2PCS).

TECHNICAL DATA

Connectivity: Bluetooth LE
Frequency Range: 2400~2483.5Mhz
Transmitting Power: 0dBm

APP CONNECTION:

CONNECT SMART EQUIPMENT TO SUNNYFIT APP:

1. Scan to download SunnyFit from the app store.

2. Ensure that the Bluetooth function is turned on from your mobile device.

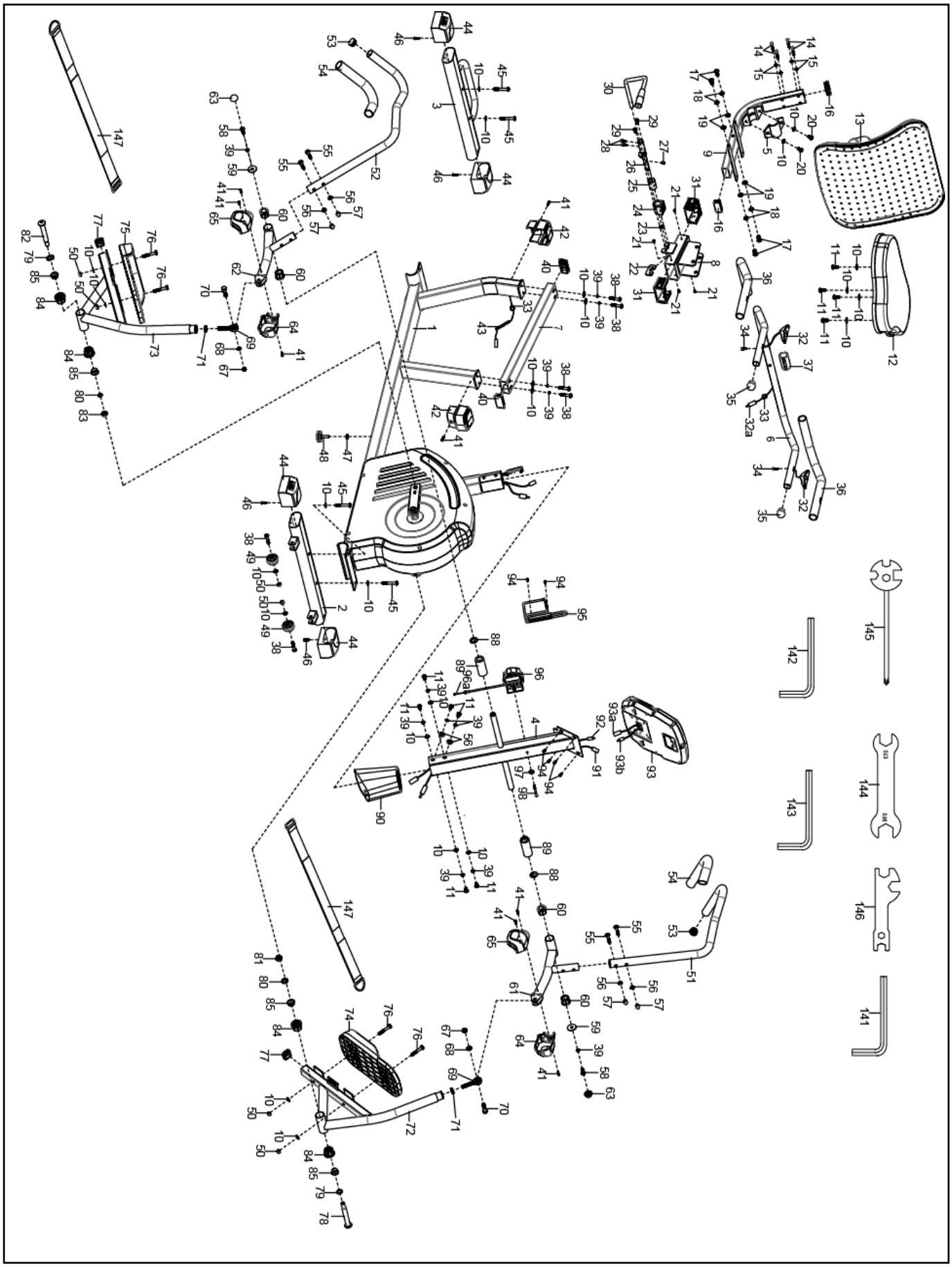
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

TROUBLESHOOTING:

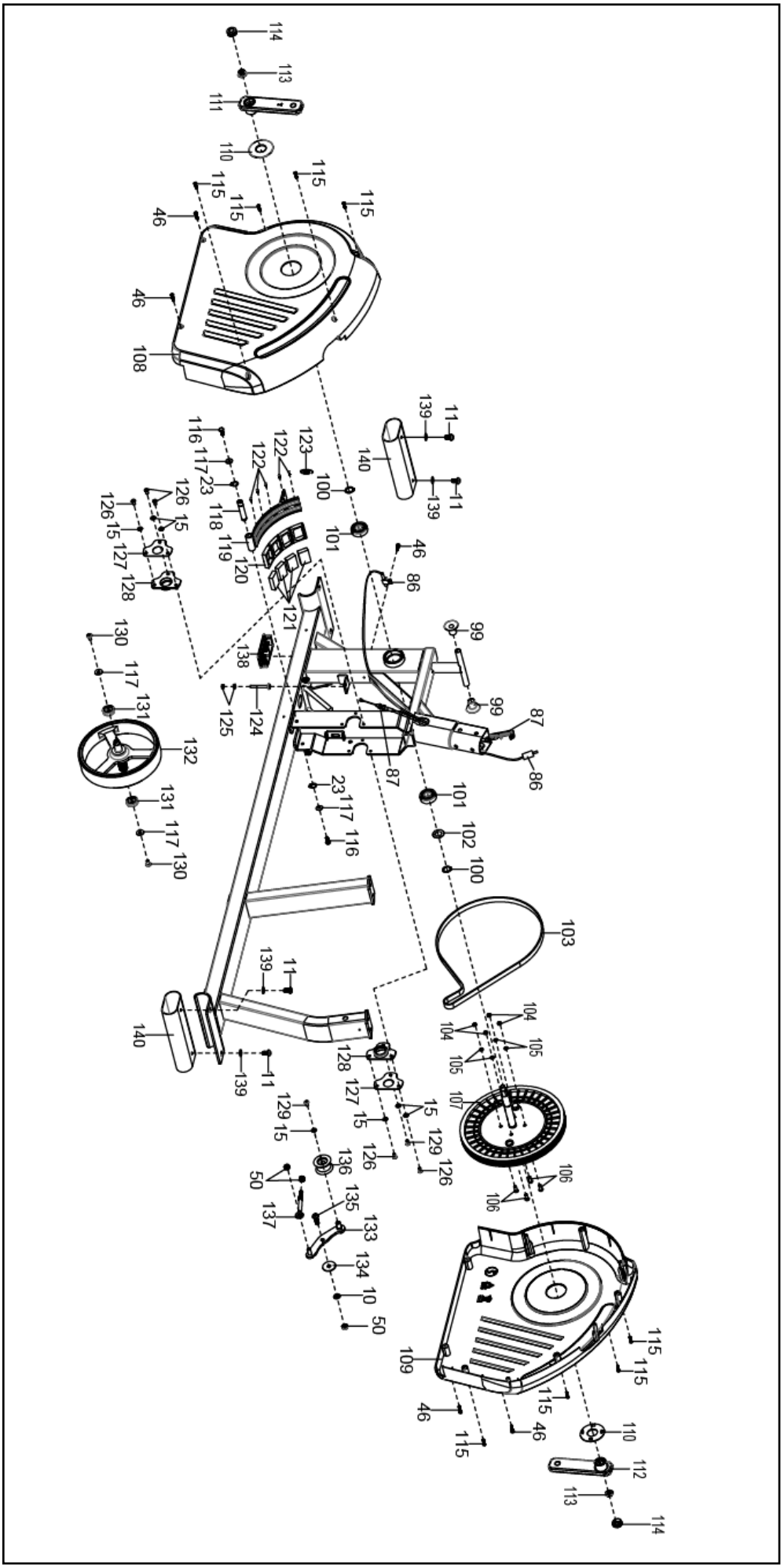
- If you are having trouble connecting your smart equipment, visit www.sunnyfit.com/guide or scan the QR code below:

- If you require additional support, please contact support@sunnyfit.com.

EXPLODED DIAGRAM 1



EXPLODED DIAGRAM 2



PARTS LIST

No.	Description	Spec.	Qty
1	Main Frame		1
2	Front Stabilizer		1
3	Rear Stabilizer		1
4	Front Post		1
5	Handlebar Cover		1
6	Rear Handlebar		1
7	Sliding Rail		1
8	Seat Adjusting Tube		1
9	Seat Support Bracket		1
10	Washer	Φ8*Φ16*1.5	25
11	Screw	M8*20	14
12	Seat		1
13	Backrest Cushion		1
14	Bolt	M6*40	4
15	Washer	Φ6*Φ12*1.0	11
16	Square End Cap	50*25*2.0	2
17	Screw	M10*20	4
18	Spring Washer	Φ10	4
19	Washer	Φ18*Φ10*1.5	4
20	Screw	M8*15	2
21	Screw	ST4.2*6	4
22	Brake Fixing Plate		1
23	Shaft Snap Ring		3
24	Limited Block		1
25	Shaft		1
26	Connecting Axle		1
27	Screw	M8*12	1
28	Screw	M6*15	2
29	Screw	M6*15	2
30	Brake Handle		1
31	Bushing	80*40	2
32	Handle Pulse	L=750mm	2
32a	Handle Pulse Wire		1
33	Plug	Φ12.1	2
34	Screw	ST4.2*20	2
35	End Cap for Handlebar	Φ25	2
36	Foam Grip	Φ24*Φ30*520	2
37	Handlebar Teleflex		1
38	Bolt	M8*40	6

No.	Description	Spec.	Qty
39	Spring Washer	Φ8	12
40	Square End Cap	60*30	2
41	Screw	ST4.2*15	8
42	Sliding Rail Cover		2
43	Flexible Wire	L=2500mm	1
44	Adjustable End Cap	80*40	4
45	Bolt	M8*55	4
46	Screw	ST4.2*20	9
47	Nut	M8	1
48	Adjusting Foot Pad	M8*30	1
49	Transportation Wheel		2
50	Nut	M8	9
51	Left Handlebar		1
52	Right Handlebar		1
53	End Cap		2
54	Foam Grip	Φ27*Φ33*274	2
55	Bolt	M8*40	4
56	Big Arc Washer	Φ8*Φ20*2.0	6
57	Cap Nut	M8	4
58	Screw	M8*16	2
59	Big Washer	Φ32*Φ8*2.0	2
60	Shaft Sleeve		4
61	Left Handrail Arm		1
62	Right Handrail Arm		1
63	Cap	S13	2
64	Left Foot Bar Cover		2
65	Right Foot Bar Cover		2
66	N/A		
67	Nut	M10	2
68	Washer	Φ10*Φ20*2.0	2
69	Bearing	M10*62	2
70	Bolt	M10*35	2
71	Nut	M10	2
72	Left Foot Bar		1
73	Right Foot Bar		1
74	Left Pedal		1
75	Right Pedal		1
76	Bolt	M8*50	4
77	End Cap	30*30	2

No.	Description	Spec.	Qty	No.	Description	Spec.	Qty
78	Left Pedal Bolt	Φ16*89*L23	1	112	Right Crank	6.5"	1
79	Wave Washer	Φ28*Φ17*0.3	2	113	Nut	M10*1.25	2
80	Spring Washer	Φ20*Φ13*B2	2	114	Crank Cap		2
81	Left Nylon Nut	1/2”	1	115	Screw	ST4.2*25	8
82	Right Pedal Bolt	Φ16*89*L23	1	116	Bolt	M6*15	2
83	Right Nylon Nut	1/2”	1	117	Washer	Φ6*Φ16*1.2	4
84	Plastic Bushing	Φ32*20	4	118	Magnetic Plate Axle		1
85	Shaft Sleeve		4	119	Magnetic Bracket		1
86	Sensor Wire	L=750MM	1	120	Magnet Seat		1
87	Tension Wire	L=1000mm	1	121	Magnet	40*25*10	4
88	Wave Washer	Φ19*Φ26*0.3	2	122	Screw	ST2.9*9	5
89	Shaft Sleeve		2	123	Spring		1
90	Decorative Cover		1	124	Bolt	M6*45	1
91	Extension Sensor Wire II	L=800mm	1	125	Nut	M6	2
92	Extension Sensor Wire I	L=800mm	1	126	Screw	M6*12	5
93	Computer		1	127	Bearing End Cover		2
93a	Computer Wire A		1	128	Bearing Seat		2
93b	Computer Wire B		1	129	Screw	M6*10	2
94	Screw	M5*10	6	130	Screw	M6*12	2
95	Bottle Holder		1	131	Bearing	6001ZZ	2
96	Tension Control Knob		1	132	Flywheel	Φ240	1
96a	Tension Control Wire	L=375mm	1	133	Idler Wheel Shaft		1
97	Big Arc Washer	Φ5*Φ18*1.0	1	134	PC Pad		1
98	Bolt	M5*55	1	135	Screw	M8	1
99	Cover Limit Column		2	136	Idler Wheel	6000ZZ	1
100	C-clip	Φ17*1	2	137	Bolt	M8*85	1
101	Bearing	6203ZZ	2	138	Square End Cap	80*40	1
102	Wave Washer	Φ17*Φ21*0.3	1	139	Plastic Washer	Φ8*Φ20*2.0	4
103	Belt	PJ375	1	140	Shipping Tube		2
104	Nut	M6	4	141	Allen Wrench	S5	1
105	Spring Washer	Φ6	4	142	Allen Wrench	S6	1
106	Bolt	M6*15	4	143	Allen Wrench	S8	1
107	Belt Pulley	Φ260	1	144	Spanner	S13,16	1
108	Left Belt Cover		1	145	Spanner	S10,13,14,15	1
109	Right Belt Cover		1	146	Spanner	S10,13,17,19	1
110	Crank Cover		2	147	Pedal Strap	2	2
111	Left Crank	6.5"	1				

TROUBLESHOOTING

PROBLEM	SOLUTION
There is no display on the computer.	1. Remove the computer and verify that the wire from the computer is properly connected to the wire that comes from the front post. 2. Check if the batteries are correctly positioned and battery springs are in proper contact with batteries. 3. The batteries in the computer may be unresponsive. Change to new batteries.
The recumbent bike wobbles when in use.	Turn the adjustable end caps on the front and rear stabilizers as needed to level the recumbent bike.
The recumbent bike makes squeaking noise when in use.	Some bolts on the recumbent bike might have become loose. Please inspect all the bolts and tighten any loosened bolts.

Version 1.5

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