MARCY CARDIO MINI CYCLE
NS-909



IMPORTANT SAFETY NOTICE

1. **Read the warning notice and instruction prior to assembling and using the equipment.**
2. **This equipment is not intended for children under 12 years of age.**
3. **This equipment can be only used by hands or feet. Do not stand with full weight on the pedals.**
4. Do not leave children unattended with the equipment.
5. **This equipment is intended for indoor use and for consumer use only.**
6. Position the equipment on a clear, leveled surface. Make sure the surface is free of objects that may cause tipping. Keep objects which could interfere with the user away.
7. Inspect before use. Keep frame padding in place. Never use the equipment if it is not functioning properly.
8. Always wear appropriate workout clothing when exercising.
9. Do not use the equipment when it is wet.
10. Use the equipment only with mature, knowledgeable supervision.
11. Do not use the equipment while under influence of alcohol or drugs.
12. While keeping the head erect, focus eyes on the equipment toward the perimeter.
13. Before exercising, always do stretching exercises to properly warm up.
14. If the user experience dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.

Care and Maintenance

1. For equipment information, contact the manufacturer.
2. Periodically inspect all parts to ensure all parts are functioning properly.
3. Replace any worn and/or damaged parts immediately.
4. Always keep the top surface of the pedals clean and dry.
5. Use mild household spray cleaners and/or a damp rag to wipe clean. Do not use harsh cleaning chemicals.
6. Sand rusted areas on tubular members and repaint using a non-lead-based paint meeting the requirements of Title 16 CFR Part 1303.
7. Disposal Instructions – The equipment can be safely disassembled and disposed. Call your local recycle agency regarding details of recycling.

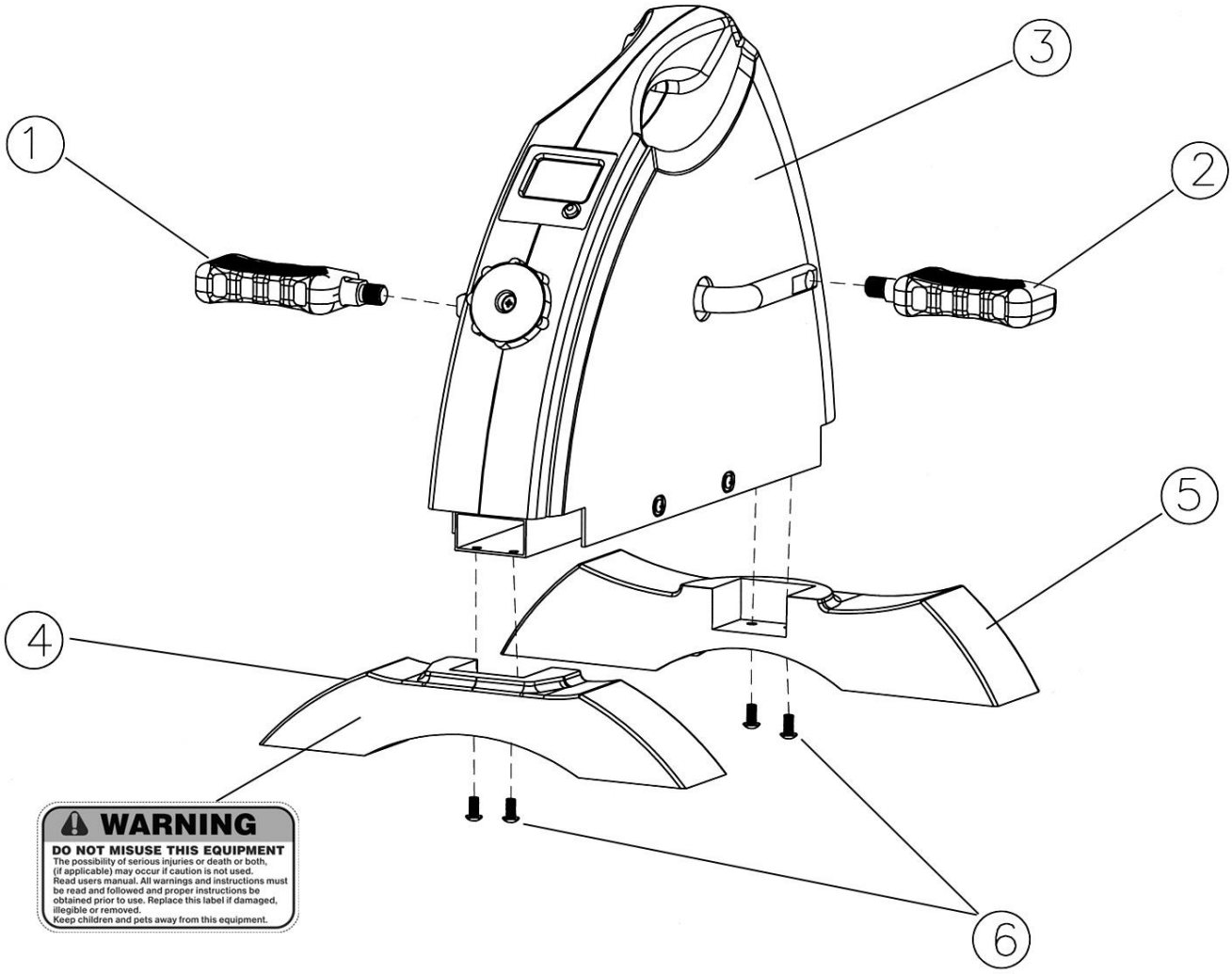
Save the Instructions.

WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. IMPEX INC. ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED THROUGH THE USE OF THIS PRODUCT.
SAVE THESE INSTRUCTIONS.

220622

ASSEMBLY INSTRUCTION

Tools required to assembly the bike: One adjustable wrench and Philips screwdriver.



A.) Attach the Front Stabilizer (#5) to Main Frame (#3). Secure it with two M6 x ¾" Philips Screws (#6).
B.) Attach the Rear Stabilizer (#4) to Main Frame (#3). Secure it with two M6 x ¾" Philips Screws (#6).
C.) Thread the Left Pedal (#1) counterclockwise into the pedal crank.
D.) Thread the Right Pedal (#2) clockwise into the pedal crank.

PARTS LIST

Part#	Description	Qty
1	Left Pedal	1
2	Right Pedal	1
3	Main Frame	1
4	Rear Stabilizer	1
5	Front Stabilizer	1
6	M6 x ¾" Philips Screw	4

Computer



Press button to scan Time, Count, Calories, and TTR (Total Reps).

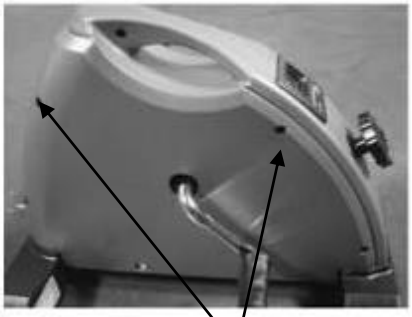
DISPLAY:

Time	Display the elapsed time (Minute: Second).
Count	Display count of repetitions.
Calories	Display the calorie consumption in cal.
TTR	Display total repetition exercised.

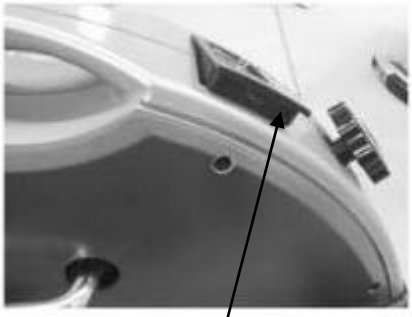
- The display mode will change every five seconds automatically.
- The computer will be automatically turned off when idle for 5 minutes.
- Press button and hold for 4 seconds to reset all values to zero.

Battery Replacement

1. **The Computer uses one "AAA" batteries.（BATTERY NOT INCLUDED）**
2. **Clean the battery contacts and also those of the device prior to battery installation.**
3. **Ensure the battery is installed correctly with regards to polarity (+ and -).**
4. **Remove battery from equipment when not to be used for an extended period of time.**
5. **Remove depleted battery promptly.**



Loosen the Screws (2)



Remove the Computer by lightly pulling the Computer casing up



Insert into the battery compartment

Operating Notes

1. Please ensure to insert the AAA battery (not included) into the battery compartment prior to operating the cycle. Please ensure the polarity is correct.
2. Set up and operate the bike on a solid level surface.
3. Inspect and tighten all parts each time before using the bike. Replace any worn parts immediately.
4. Inspect and test all features and functions before using the bike.
5. Allow minimum 20” of clear spaces in all directions to operate the bike.
6. Before mounting or dismounting move the pedal on the mounting or dismounting side to its lowest position and bring the bike to a complete stop.
7. Do not attempt to stop the spinning pedal by hand or feet abruptly. Gradually reduce the speed of spinning pedal until it is completely stopped.
8. Use the grip handle on top of the bike to transport.
9. Store the bike in dry and cool storage area when not in use.

LIMITED WARRANTY

IMPEX Inc. ("IMPEX®") warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of two years on the Frame from the date of purchase. This warranty extends only to the original purchaser. IMPEX's obligation under this Warranty is limited to replacing or repairing, at IMPEX's option.

All returns must be pre-authorized by IMPEX. Pre-authorization may be obtained by calling IMPEX Customer Service Department at 1-800-999-8899. All freights on products returned to IMPEX must be prepaid by the customer.

ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by calling our Customer Service Department toll-free at **1-800-999-8899** during our regular business hours: Monday through Friday, 9 am until 5 pm Pacific standard time.
www.marcypro.com
support@impex-fitness.com

IMPEX® INC.
2801 S. Towne Ave, Pomona, CA 91766

NS-909 Tension Belt Adjustment

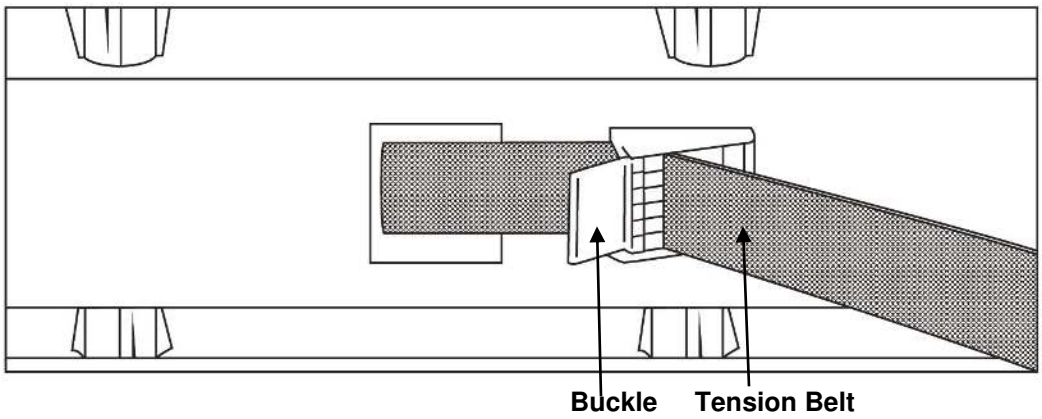
When the tension knob is set to the highest setting and the tension is still too light, please follow the below steps to adjust the tension belt.

STEP-1

Turn the tension adjustment knob so it is at the lowest tension setting.

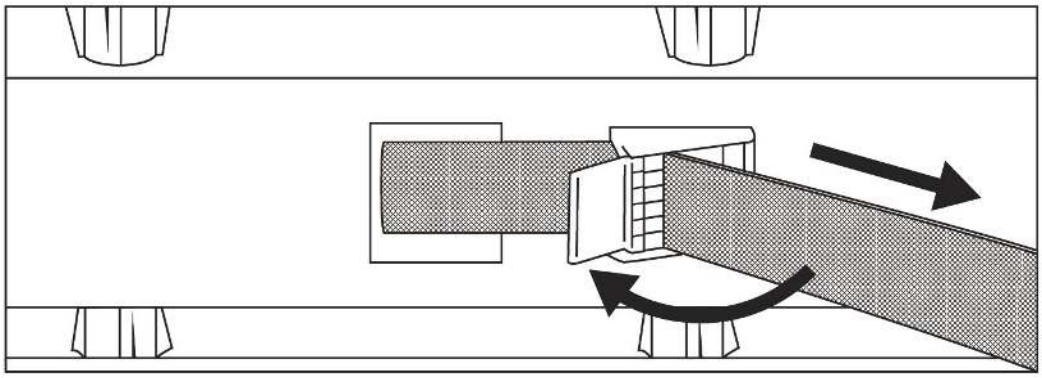
STEP-2

Flip over NS-909 Mini Cycle so the bottom tension belt is visible.



STEP-3

Flip up and disengage the Locking Buckle and pull the Tension Belt forward to remove any slack, ensuring that the belt is taut.



STEP-4

Flip down and re-engage the Locking Buckle to secure the Tension Belt.

