User Guide

Thanks for your support! This paper will help you quickly learn how to use the scale FG2305(RunStar-R11).

01 Download Starfit App

Scan below QR code,
Or search [Starfit] in App store or Google play to download.

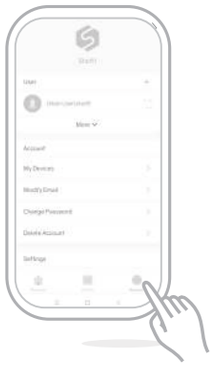
02 Register

At the APP main interface, following the guide to register.



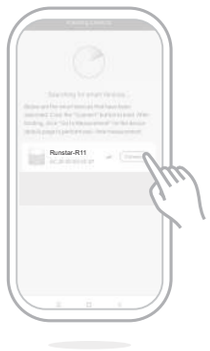
03 Search Device

Open bluetooth, tap [Account]–> [My Devices]–>[+] in the APP.
Please step scale on
at the same time.



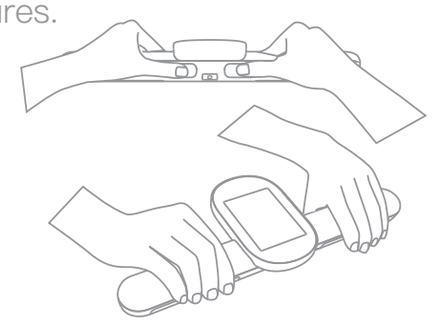
04 Connect Device

Search the device and connect it.



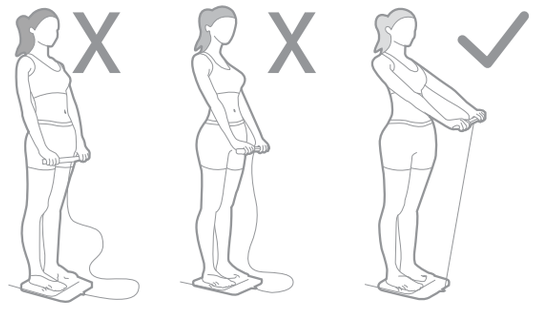
05 Use Device

Step the scale to start up display.
When it shows “0.00”, stand on the scale and pull out the handle.
Make sure your fingers touch the corresponding electrodes like below pictures.



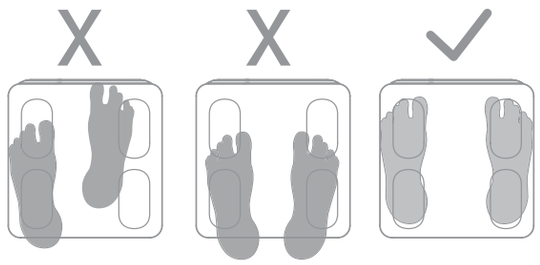
06 Attention Point 1

Straighten your arms and keep 30°~45° from your body.



07 Attention Point 2

Standing straight with your feet apart, make sure soles of feet cover upside electrodes, and heel cover downside electrodes.
*Without shoes or socks.



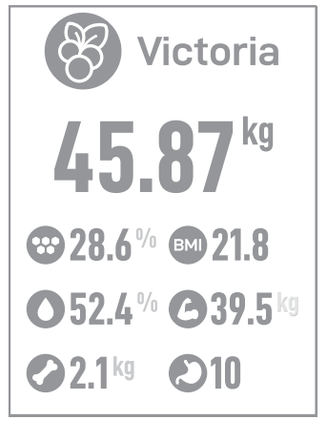
08 Measuring Data

In order to get more accurate data, please keep APP on home page, and please stand on the scale stably and keep measuring posture for about 30s.



09 After Measurement

You can check 6 core data on scale TFT display. And you can also check more details in APP pages.
From second time use, it supports offline mode. No need to open APP for every time measurement.



If you have any question, please click [Account]–[FAQ] in the APP, or please contact us: service@runstar.com