User Guide

Thanks for your support! This paper will help you quickly learn how to use this scale.

01 Download Starfit App

Scan below QR code,
Or search [Starfit] in App store or Google play to download.

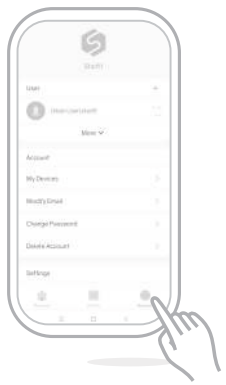
02 Register

After installing the APP, complete the registration using your email or log in directly using your Apple ID or Google account



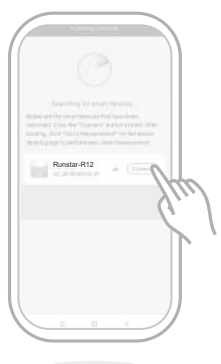
03 Search Device

Turn on the bluetooth of your phone, open Starfit APP→ [Account]→[My Devices]→[+].



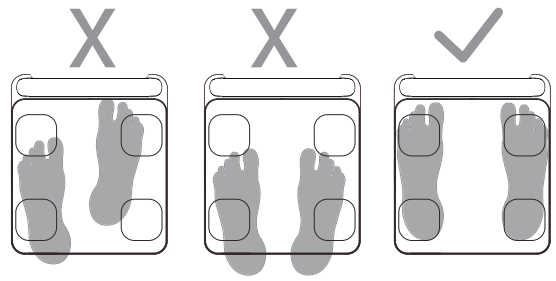
04 Connect Device

Keep the scale turned on, then tap [Searching Bluetooth for pairing] to find [Runstar–R12] to connect.



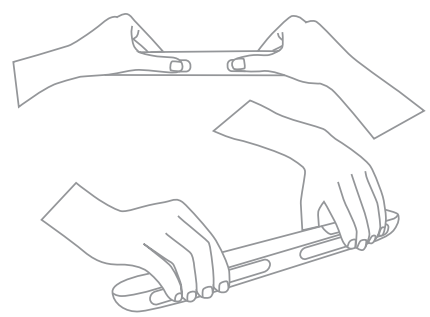
05 Star Measurement

Barefoot. Step lightly on the scale until the display shows ”0.0”, then stand on the scale. Make sure the soles of your feet are in full contact with the electrodes on the scale:



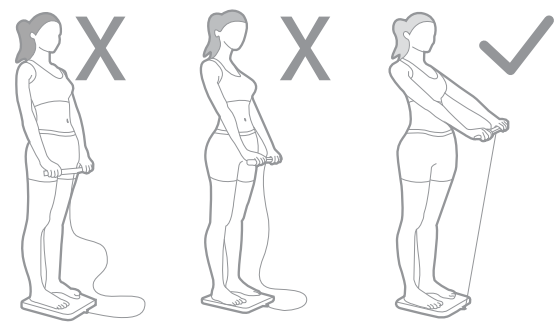
06 Grab Handle

Grab the handle and pull upward, making sure all fingers are touching the corresponding electrodes:



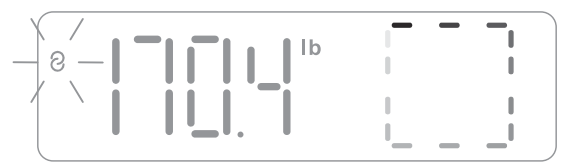
07 Attention Point 1

Straighten your arms and keep 30°~45° from your body.



08 Attention Point 2

In order to get the most accurate data, please make sure the scale is connected with the APP, and keep stand still on the scale about 20s.



09 Measurement Completed

You can read 3 core data on LED display. The complete 28 body composition items can be viewed in the APP.
Starting from second use, it supports offline mode. No need to open APP for each measurement but make sure your phone is near the scale.



* If you have any question, please click [Account]–[FAQ] in the APP, or please contact us: service@runstar.com